

EXPLORE A CAREER IN ONTARIO LONG-TERM CARE



EXPLORE A
CAREER AS A...

RECREATION
PROFESSIONAL



Working in Ontario long-term care as a recreation professional is a rewarding career because I enjoy being able to provide holistic programs that bring joy and meaning to my residents, and I am able to learn from the wisdom of my residents."

- Laura, recreation professional in long-term care

EXPLORE A CAREER AS A... RECREATION PROFESSIONAL

What does
someone in this
career do?

A recreation professional working in long-term care develops and implements meaningful activities and programs based on the physical, cognitive, social, emotional, and spiritual strengths of residents they work with. Activities may include outings and events. They are responsible for documentation and evaluation of recreation initiatives. They manage risk, maintain a safe and comfortable atmosphere, as well as communicate, engage and build connections with residents.

How do I pursue
this career?

Diplomas and degrees in recreation and leisure studies or therapeutic recreation are strongly preferred or required by many long-term care homes in Ontario. These programs often take between two to four years to complete, while a postgraduate certificate in recreation and leisure studies or therapeutic recreation may only take one to two years to complete.

What are my
options?

To be successful in this career, acquiring a degree, diploma, or postgraduate certificate in recreation and leisure studies or in therapeutic recreation is recommended. After graduating and gaining practical experience, there is an opportunity to be registered as a recreation professional or therapeutic recreation professional.

More resources

For more information about a career in recreation in long-term care, visit www.clri-ltc.ca/lccareers