

Applied Theatre to Engage Long-Term Care Staff & Students in Experiential Learning

Train the Trainer Workshop for Educators

Friday, March 23, 2018 | 9:00am-2:30pm
Baycrest, 3560 Bathurst St., Toronto, Ontario
Room: Wortsman Hall, Hospital Building, 1st floor (beside cafeteria)

Applied theatre uses facilitated theatre games and exercises to help participants reflect deeply on concepts essential to professional healthcare practice such as communication and empathy. The exercises are fun, easy to do and accessible to a wide range of learners. Learn how to use this approach in your own education, training and professional work.

Would you like to know more about applied theatre as an educational method? Watch an intro on YouTube!
Engaging the Stage: Applied Theatre as Simulation: <https://youtu.be/6hQuHuaaWwY>

By the end of the workshop, learners will be able to:

- Understand the value of applied theatre as a vehicle for meaningful and embodied learning
- Develop skill in using the techniques of applied theatre to enhance team competencies
- Develop skill in debriefing exercises and guiding reflective practice
- Learn practical applications of applied theatre for use in your own setting
- Join a community of practice to continue the conversation about using applied theatre in health education

Workshop Facilitators:

Melissa Tafler and Hartley Jafine are Interprofessional Arts-Based Learning Specialists at the Baycrest Centre for Learning, Research and Innovation in Long-Term Care. Melissa is also the Coordinator of the Baycrest Arts and Health Program, and is a clinically trained Social Worker. Hartley is a facilitator in the Bachelor of Health Sciences/Arts and Science programs at McMaster and a remediation coach at Post MD Education, University of Toronto.

Prerequisites: No prerequisites. This workshop is suitable for educators interested and open to experiential approaches to learning. No previous experience or training in any arts modalities are required to participate.

Cost: Complimentary registration for educators working in long-term care.
For educators working outside of long-term care, limited spaces are available.

Travel Bursary: Limited travel bursaries for LTCH Educators available if > 1.5 h travel. Contact taragona@baycrest.org.

Food: A light breakfast and lunch will be provided. Please advise should you have any dietary restrictions.

Information: Contact Melissa Tafler at mtafler@baycrest.org to receive more information about the workshop.

Registration: Group size limited to 15 persons. Registration is processed on a first come, first served basis.
Contact Tania Aragona to **RSVP by March 16th**: taragona@baycrest.org.

"It was so amazing ... when I first started, I wanted to have a piece of paper and pen ... but learning through applied theatre was profound."

What staff say about learning through applied theatre ...

"At the same time you're learning and you're applying it."

"It's kind of like playing and learning. It's very stimulating - you are thinking and reflecting, and with all this game playing, it helps you really interact with the team, so then you know how to build the team together!"