



ONTARIO

CLRI

Centres for Learning,
Research & Innovation
in Long-Term Care

BAYCREST • BRUYÈRE • RIA

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COLLEGE

Additional Resources

for Communication at End-of-Life during COVID-19

Websites:

VitalTalk – COVID Ready Communication Playbook

Provides practical advice on how to talk about some difficult topics related to COVID-19.

<https://www.vitaltalk.org/guides/covid-19-communication-skills/>

Speak Up Ontario and Vital Talk – Goodbye Phone Script Conversation Script

Goodbye Phone Conversation Script from VitalTalk.

<https://www.speakupontario.ca/wp-content/uploads/2020/04/Goodbye-Phone-Conversation-Script-from-VitalTalk.pdf>

Hospice Palliative Care Ontario – Psychosocial and Spiritual Supports for Health Care Workers

Online Sessions of Emotional, Spiritual and Compassionate Care.

<https://www.hpcoc.ca/psychosocial-spiritual-support/>

Canadian Virtual Hospice: COVID 19 Resources

A list of links on COVID-19 that may be useful to people working in healthcare.

<http://www.virtualhospice.ca/covid19/>

RNAO and AdvantAge Ontario – Psychosocial Supports During COVID-19

Mental health and wellbeing: resources for psychosocial support during the pandemic.

<https://rnao.ca/sites/rnao->

[ca/files/MH and Well being Psychosocial supports during Covid 19 - April 9.pdf](https://rnao.ca/sites/rnao-ca/files/MH_and_Well_being_Psychosocial_supports_during_Covid_19_-_April_9.pdf)

Ontario CLRI – Communication at End-of-Life

Communication at End-of-Life education program.

<https://clri-ltc.ca/resource/ceol/>

Eli Bay – Outer Stress, Inner Calm

Learn the skills of gaining control over stress.

<https://www.elibay.com/outer-stress-inner-calm>


TEND Academy

Workplace wellness training for high stress and/or trauma exposed workplaces.

<https://www.tendacademy.ca/>

To learn more about the Ontario CLRI's COVID-19 resources and initiatives please visit: www.clri-ltc.ca/COVID19

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 1-877-789-0614

 clri-ltc.ca



Books/Textbooks:

The Invisible String

<https://patricekarst.com/>

The Invisible String Workbook

<https://patricekarst.com/>

Being with Dying

<https://www.upaya.org/about/roshi/recommendations/>

The Compassion Fatigue Workbook

<https://www.tendacademy.ca/product/the-compassion-fatigue-workbook-new-revised-and-expanded-edition/>

Essentials in Hospice and Palliative Care: A Practical Resource for Every Nurse

<https://www.lifeanddeathmatters.ca/palliative-care-practical-resource-for-nurses/>

Integrating a Palliative Approach: Essentials for Personal Support Workers

<https://www.lifeanddeathmatters.ca/integrating-a-palliative-approach-essentials-for-personal-support-workers/>

Videos:

The Invisible String

<https://www.youtube.com/watch?v=n5w3dfVFxcw&feature=youtu.be>

The Edge of Compassion – Françoise Mathieu TEDxQueensU

https://www.youtube.com/watch?v=qbV8UtHgEbw&feature=emb_logo

Dr. Lindsay MacMillan – Medical Director, Fairvern Nursing Home

https://www.youtube.com/watch?v=ebH9ApBN_fg&feature=share