

APRIL 2024

1

Easter Monday

Easter Monday is the day after Easter Sunday, which commemorates Jesus Christ's resurrection, according to the Christian Bible.

2

World Autism Awareness Day

On World Autism Awareness Day, we recognize those on the autism spectrum, their families, caregivers, and communities.

3

Cold Food Festival (Hanshi/Hansik/Tết Hàn Thực)

A traditional cultural celebration in China, Korea, and Vietnam, where people eat cold foods made without using fire.

4

National Caregiver Day

A day to showcase Canadians' experiences in caregiving and recognize the enormous contributions caregivers make to our society.

5

Laylatul Qadr (Night of Power)

A day, according to Islamic belief, that commemorates the night when God (Allah) revealed the Qur'an (or Koran), which is the Islamic holy book, to the prophet Muhammad (also known as Mohammad).

6

National Tartan Day

A day that recognizes and celebrates the contributions of Scots and their descendants in Canada and is with Tartans of all varieties being worn.

6

International Asexuality Day

A worldwide campaign promoting the ace umbrella, including demisexual, grey-asexual and other ace identities to recognize and celebrate ace identities.

7

World Health Day

A global health awareness day celebrated every year under the sponsorship of the World Health Organization (WHO), as well as other related organizations.

9

Vimy Ridge Day

Vimy Ridge Day is an annual observance to remember Canadians who victoriously fought in the battle of Vimy Ridge in northern France during the First World War.

9

Ugadi/Yugadi

Ugadi or Yugadi, also known as Samvatsarādi, is New Year's Day according to the Hindu calendar.

Monthly Occasions

Be a Donor Month

Daffodil Month

Irritable Bowel Syndrome (IBS) Awareness Month

National Oral Health Month

Parkinson Awareness Month

Poetry Month

Rosacea Awareness Month

Sikh Heritage Month

World Autism Month

Weekly Occasions

TBD

National Dental Hygienists Week

April 10-16

World Homeopathy Awareness Week

April 14-20

National Volunteer Week

April 21-27

National Tissue Donor Awareness Week

April 21-27

Canadian Infertility Awareness Week

April 21-April 27

National Medical Laboratory Week



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9 or 10
(estimated)

Eid ul Fitr

A Muslim event that marks the end of the month-long fast of Ramadan and the start of a feast that lasts up to three days in some countries.

10

International Day of Pink

A day to encourage people around the world to put on a pink shirt and stand in solidarity with the 2SLGBTQIA+ community to continue fighting for equality and acceptance.

13-
14

Sinhalese New Year

Also known as the sun festival, the Sinhala and Tamil new year is a ritual performed to honour the God of Sun for hundreds and hundreds of years now.

13

Vaisakhi

Vaisakhi is an ancient spring harvest festival that has been observed in the Punjab region for many centuries.

14

Puthandu (Tamil New Year)

Puthandu, also known as Tamil New Year, is the first day of the year on the Tamil calendar, traditionally celebrated as a festival by Tamils as the first day of the Tamil month Chittirai.

16

Advance Care Planning Day

A day to recognize the importance of Advance Care Planning which is the process of thinking and talking about your wishes, values, and preferences for your future care.

17

Ram Navami

A Hindu festival celebrated on the ninth day of Chaitra Navratri which marks the birth of Ram, the seventh avatar of Vishnu.

17

World Hemophilia Day

A day to raise awareness and understanding of hemophilia and other bleeding disorders.

17

Equality Day

Also known as the Anniversary of the Canadian Charter of Rights and Freedoms which was signed in 1982.

20

First day of Riḍván

The most important of the Bahá'í holy days where Bahá'u'lláh declared His mission as a Messenger of God. Begins in the evening of the first day & ends in the evening of the second day.



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21

Mahavir Jayanti

Mahavir Jayanti is one of the most important festivals in Jainism, and it celebrates the birth anniversary of the 24th Tirthankara Mahavir, who played a significant role in preaching Jainism.

22-
30

Passover

Passover, is a major Jewish holiday that occurs in the spring on the 15th day of the Hebrew month of Nisan and celebrates the deliverance of Jewish people from slavery in Egypt. Begins in the evening of the first day and ends in the evening of the last day.

22

Earth Day

An annual event celebrated worldwide to demonstrate support for environmental protection.

24

Theravada New Year

A holiday is celebrated by Theravada Buddhists, with traditions varying by region. Many rituals for this celebration involve water and sand.

24

Administrative Professionals Day

The day recognizes the work of secretaries, administrative assistants, receptionists, and other administrative support professionals.

26

Lesbian Visibility Day

Lesbian visibility day was created in 2008, to not only celebrate women-loving-women but also to raise awareness on issues facing the lesbian community.

28

National Day of Mourning

A day that commemorates workers who have been killed, injured or suffered illness due to workplace-related hazards and incidents.

29

Ninth day of Ridván

The day on which Bahá'u'lláh's family joined Him in the Garden of Ridván. Begins in the evening of the first day and ends in the evening of the second day.

29

International Dance Day

International Dance Day commemorates the birthday of Jean-Georges Noverre, a distinguished choreographer that brought about significant reforms in ballet production.



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30-
May
1st

Twelfth Day of Riḍván

Twelfth Day of Ridván, the day on which Bahá'u'lláh and His family left the garden to travel to Constantinople. Begins in the evening of April 30 and ending on the evening of May 1st.

Resource Spotlight: Cultural Humility eModule

All-In: Practicing Cultural Humility in Palliative Care is a 20-minute introductory eLearning course, that explores and reinforces the core tenets of cultural humility, and explores how these tenets apply differently to each member of an interprofessional team. Through the use of interactive scenarios, learners are encouraged to empathize with residents and their caregivers, and to reflect on the implications of “typical” care practices on residents with culturally diverse needs.

Through this eCourse, learners will be able to learn the difference between cultural humility and cultural competence and cultural sensitivity, recognize the importance of cultural humility in providing person- and family-centred care to residents with culturally diverse needs, and understand the different roles of the interprofessional team in LTC in creating cultural safety.

Access the eCourse here:

<https://learn.clri-ltc.ca/courses/all-in-practicing-cultural-humility-in-palliative-care/>

