

JUNE 2024

1

Intergenerational Day

Raises awareness of the many benefits that simple and respectful connections between generations bring to education, health and communities.

1

Global Day of Parents

The Global Day of Parents recognizes that the family has the primary responsibility for the nurturing and protection of children.

1

National Health and Fitness Day

An initiative to challenge Canada to become the Fittest Nation on Earth and a day encouraging Canadians to get out and get active in any way they wish.

2

International Sex Workers' Day

A day to raise awareness of injustice and discrimination sex workers face around the world.

2

National Cancer Survivors Day

A day to honour everyone who is living with a cancer diagnosis, and to show life after a cancer diagnosis can be a reality.

4-5

Yom Yerushalayim

An Israeli national holiday commemorating the reunification of Jerusalem and the establishment of Israeli control over the Old City. Begins at sundown on the first day and ends at nightfall on the second day.

5

World Environment Day

A renowned day for environmental action: engaging governments, businesses, celebrities and citizens to focus their efforts on a pressing environmental issue.

5

Clean Air Day

A day to recognize how important good air quality is to our health, our environment, and the economy and become aware of the dangers of air pollution.

10

Portugal Day

This day recognizes the anniversary of the death of Luis de Camoes and commemorates his life and his famous epic poems.

10

Dragon Boat Festival

The Tuen Ng Festival, otherwise known as the Duanwu or Dragon Boat Festival, has been celebrated on the fifth day of the fifth month of the Chinese lunar calendar for millennia.

Monthly Occasions

ALS Awareness Month

Brain Injury Awareness Month

Deaf-Blind Awareness Month

Filipino Heritage Month

International CDKL5 Awareness Month

Italian Heritage Month

National Indigenous History Month

National Spina Bifida and Hydrocephalus Awareness Month

Portuguese History and Heritage Month

Post Traumatic Stress Disorder Awareness Month

Pride Month

Recreation and Parks Month

Seniors Month

Stroke Month

Thyroid Awareness Month

Weekly Occasions

June 1-7

Family Council Week

June 2-8

Canadian Environment Week

June 8-14

Rivers to Oceans Week

June 9-15

National Blood Donor Week

June 10-16

Canadian Men's Health Week



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10

Action Anxiety Day

A day to raise awareness of anxiety disorders. People wear blue and orange on June 10 to show support and eliminate the stigma around anxiety disorders.

10

Dano

A traditional Korean cultural celebration, after the sowing season, to wish for a prosperous year.

11-
13

Shavuot

Many Jewish Canadians observe Shavuot, which is the second of three major Jewish festivals that focus on historical and agricultural importance

12

Philippines Independence Day

This national holiday commemorates the freedom of the Philippines and its people. On this day in 1898, Filipino leader Emilio Aguinaldo declared independence from Spain after more than 300 years of rule.

12

World Day Against Child Labour

An awareness day developed to focus attention on the global extent of child labour and the action and efforts needed to eliminate it.

13

International Albinism Awareness Day

Established in 2014, with a United Nations' General Assembly resolution, International Albinism Awareness Day takes a global focus on albinism advocacy.

14

World Blood Donor Day

A day where Canadian Blood Services honours its 420,000 Canadian blood donors who save lives, as well as the millions of international donors.

14

Plaid For Dad

Launched in 2015, Plaid for Dad raises awareness about prostate cancer and vital research funds to improve and save the lives of those affected by the disease.

15

World Elder Abuse Awareness Day

WEAAD is marked each year on June 15. It is an official United Nations International Day acknowledging the significance of elder abuse as a public health and human rights issue.

16

Father's Day

A day for people to show their appreciation for fathers and father figures, which may include stepfathers, fathers-in-law, guardians (eg. foster parents), and family friends.



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16-
19
(estimated)

Eid ul Adha

A significant annual Islamic observance for many Muslims in Canada that commemorates Ibrahim's willingness to sacrifice his son to God.

17

CDKL5 Awareness Day

A day to raise awareness for CDKL5 Deficiency Disorder which is a rare genetic mutation that prevents the body from making essential proteins needed for brain development.

18

International Day of Countering Hate Speech

A day designated by the UN to raise awareness to the harm hate speech causes to human rights and society.

19

United Empire Loyalists' Day

A day for the people of Ontario to recognize and celebrate their heritage of loyalty to the Crown.

19

World Sickle Cell Day

A day to raise awareness and help reduce the stigma and discrimination experienced by families with children, youth, and adults living with Sickle Cell Disease.

19

Juneteenth

Juneteenth is the oldest celebrated commemoration of the ending of slavery in the USA. Today, Juneteenth honours African American freedom and emphasizes education and achievement.

20

World Kidney Cancer Day

A day to raise awareness for this little-known type of cancer, the psychological impacts of diagnosis and strategies to reduce risk factors.

20

World Refugee Day

World Refugee Day is an international observance dedicated to raising awareness of the situation of refugees throughout the world.

21

June Solstice

The June solstice is the summer solstice in the Northern Hemisphere and the winter solstice in the Southern Hemisphere.

21

National Indigenous Peoples Day

National Indigenous Peoples Day celebrates the unique heritage, diverse cultures, and outstanding achievements of the nation's Indigenous peoples.



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24

Fête nationale du Québec

Fête nationale du Québec (formerly known as Saint Jean Baptiste Day) is held annually on June 24, is the feast day of St. John the Baptist, a Jewish preacher who baptized Jesus in the River Jordan.

26

International Day Against Drug Abuse and Illicit Trafficking

A day to demonstrate the determination to strengthen action and cooperation to achieve the goal of an international society free of drug abuse.

26

National Cancer Wellness Awareness Day

A day to join the movement to promote more accessible Cancer Wellness Programs to Canadians and improve all the challenges that come with a cancer diagnosis.

27

Canadian Multiculturalism Day

A day to discover and celebrate the various cultures that bring Canadian society to life by participating in activities happening across the country.

27

PTSD Awareness Day

A day to raise awareness about PTSD, which is a type of anxiety disorder that can appear following a traumatic event in one's life.

Resource Spotlight: Allied for Inclusivity Forum



The Allied for Inclusivity in LTC Forum built collaborative conversations towards inclusive, equitable and affirming care, services and work environments in long-term care (LTC) communities. This virtual event brought together LTC home representatives with researchers in equity, diversity and inclusion (EDI) and aging, and created opportunity for participants to share their knowledge and experiences. This event offered space to learn more about EDI in the LTC sector and demystify EDI related topics by providing effective ways to influence change within organizations.

To watch the recording: <https://clri-ltc.ca/resource/allied-for-inclusivity/>

