

# SEPTEMBER 2024

2

## Labour Day

An event celebrated on the first Monday of September that originally gave workers the chance to campaign for better working conditions or pay.

4

## Polycystic Kidney Disease (PKD) Awareness Day

A day dedicated to fighting against polycystic kidney disease (PKD) through research programs, education and awareness.

7

## Still's Disease Awareness Day

A day to increase awareness and education about Still's, improve disease management, and help people living with Still's explain their disease to others.

7

## World Duchenne Day

This international day is dedicated to raising awareness about Duchenne and Becker muscular dystrophy (DMD & BMD).

7

## Ukrainian Heritage Day

A day to recognize and celebrate the contributions that Ukrainian Canadians have made towards the development of Ontario.

8

## National Grandparents' Day

This day recognizes the importance of grandparents to the structure of every family and in the nurturing, upbringing and education of children.

9

## International Fetal Alcohol Spectrum Disorder Awareness Day

An international day to raise awareness around Fetal Alcohol Spectrum Disorder which is a lifelong disability that affects the brain and body in 4 percent of Canadians.

10

## World Suicide Prevention Day

A day that provides the opportunity for people across the globe to raise awareness of suicide and suicide prevention.

11

## Ethiopian New Year/Enkutatash Holiday

Enkutatash is the name for the Ethiopian New Year and means "gift of jewels" in the Amharic language.

11

## National Day of Service

A day with the mission to celebrate and promote the strength, kindness, and generosity Canadians have demonstrated in the face of hardship.

## Monthly Occasions

Acne Awareness Month

Arthritis Month

Big Brothers Big Sisters Month

Blood Cancer Awareness Month

Childhood Cancer Awareness Month

Craniofacial Awareness Month

Duchenne Awareness Month

Hunger Action Month

Men's Cancer Health Awareness Month

Muscular Dystrophy Month

## Weekly Occasions

September TBD  
Housekeepers Appreciation Week

September TBD  
Residents' Council Week

September TBD  
Bisexual Awareness Week

September TBD  
Global Mitochondrial Disease Awareness Week



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14

## World First Aid Day

An annual campaign to promote the importance of first aid training in preventing injuries and saving lives.

15

## Worldwide Lymphoma Awareness Day

A day dedicated to raising public awareness of lymphoma cancer in terms of symptom recognition, early diagnosis, and treatment.

16

## International Day for the Preservation of the Ozone Layer

A day to raise awareness for the preservation of the earth's ozone layer.

TBD

## Terry Fox Run

The Terry Fox Run is an annual non-competitive charity event held in commemoration of Canadian cancer activist Terry Fox to raise money for cancer research.

TBD

## Milad un Nabi (Mawlid)

A day in which many Muslims in Canada celebrate the Prophet Muhammad's birth, and mourn his death on Eid Milad ul-Nabi .

17-  
18

## Mid-Autumn Festival

A traditional festival celebrated by many East and Southeast Asian friends and family to gather together, offer thanks to the fall harvest, and pray for longevity and good fortune.

17

## Military Family Appreciation Day

A nationally recognized day to honour Canadian Military Families. It is a time to acknowledge and honour those who stand beside those in uniform.

21

## World Alzheimer's Day

A day where Alzheimer's organizations around the world concentrate their efforts on raising awareness about Alzheimer's and dementia.

21

## World Gratitude Day

A day aimed to remind us of the importance of expressing gestures of thanks and appreciation.

21

## International Day of Peace

A day devoted to strengthening the ideals of peace, through observing 24 hours of non-violence and cease-fire.

## Monthly Occasions

Ovarian Cancer Awareness Month

Polycystic Ovarian Syndrome (PCOS) Awareness Month

Prostate Cancer Awareness Month

Recovery Month

Thyroid Cancer Awareness Month

World Alzheimer's Month

## Weekly Occasions

September 23-30  
International Week of Deaf People



# SEPTEMBER 2024

22

## September Equinox

An occurrence when the Sun shines directly on the Equator and the length of day and night is nearly equal.

22

## CML Awareness Day

A day to spread the word and show your support for patients and caregivers as they tell their stories about living with CML (Chronic myelogenous leukemia).

23

## Celebrate Bisexuality Day

A day to celebrate the bisexual community and to highlight biphobia as well as recognizing the ongoing challenges and biphobia that the community faces.

23

## International Day of Sign Language

This day offers a unique opportunity to support and protect the linguistic identity and cultural diversity of all deaf people and other sign language users.

TBD

## Police and Peace Officers' National Memorial Day

An opportunity to formally express appreciation for the dedication of police and peace officers, who keep our communities safe.

25

## Franco-Ontarian Day

A day that recognizes the contributions of the Francophone community of Ontario to the social, economic and political life of the province.

30

## Orange Shirt Day

A day to recognize and raise awareness about the history and legacies of the residential school system in Canada.

30

## National Day for Truth and Reconciliation

A national day to explore the rich and diverse cultures, voices, experiences and stories of the First Nations, Inuit, and Métis peoples and ensure public commemoration of the tragic and painful history and legacy of residential schools remains a vital component of the reconciliation process.



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## Resource Spotlight: Person-Centred Language

Practical knowledge of person-centred language ensures that appropriate, respectful, life-affirming and inclusive language is used when talking with and referring to people who communicate via responsive behaviours/personal expressions associated with dementia, complex mental health, substance use and/or other neurological conditions, and their care partners.

The Ontario Centres for Learning, Research and Innovation in Long-Term Care (CLRI) and Behavioural Supports Ontario (BSO) work together to deliver the Person-Centred Language (PCL) Initiative.

Explore the resource online:  
[clri-ltc.ca/pcl](http://clri-ltc.ca/pcl)

