



Diversity and Inclusion Calendar 2024

The 2024 Diversity and Inclusion Calendar keeps track of days that may have special meaning for long-term care residents, families and team members in Ontario all in one place: religious and spiritual days of significance, cultural celebrations, awareness days and health promotion days. Staying aware of these days and scheduling activities around them will help you create an inclusive home, 365 days a year.

Learn about more of our diversity and inclusion work and resources here: clri-ltc.ca/diversity-resources.

All events are hyperlinked for additional information.

The Diversity and Inclusion Calendar is not an exhaustive list, nor is it intended to be used for accommodation requests. We will update this document as needed. We welcome any feedback or suggestions that you may have info@clri-ltc.ca.

JANUARY

Date(s)	Name	Description	Category
All Month	Alzheimer's Awareness Month	A month that encourages learning about dementia and its impact on Canadians.	Awareness Days
All Month	Tamil Heritage Month	A month for Ontarians to recognize the valuable contributions that Tamil Canadians have made to Ontario's social, economic, political and cultural fabric.	Cultural Celebrations
January 1	New Year's Day	The first day of a new year. This date is commonly known as New Year's Day and is a statutory holiday in all Canadian provinces and territories, and organizations.	Cultural Celebrations
January 1	Mary, Mother of God	A Christian day to recognize and celebrate the History of the Solemnity of Mary, the Mother of God.	Religious and Spiritual
January 1	Feast Day of St Basil (Orthodox Christian)	A day where the Greek Orthodox Church commemorates Saint Basil the Great, Archbishop of Caesarea in Cappadocia.	Religious and Spiritual
January 1	Shogatsu / Gantan-sai (New Years)	New Year (正月, shōgatsu) is the most important holiday in Japan. Years are traditionally viewed as completely separate, with each providing a fresh start.	Cultural Celebrations
January 2	Feast Day of St Basil (Roman Catholic)	The feast day of St. Basil the Great who was born at Caesarea of Cappadocia in 330.	Religious and Spiritual
January 4	World Braille Day	A day to raise awareness of the importance of Braille as a means of communication in the full realization of the human rights for blind and partially sighted people.	Awareness Days
January 4	National Ribbon Skirt	A day celebrating the ribbon skirt traditionally worn by Indigenous women in Canada.	Cultural Celebrations

TBD=to be determined

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	Day		
January 6	Epiphany	A day to remember the three wise men’s visit to baby Jesus and His baptism, according to events in the Christian Bible.	Religious and Spiritual
January 7	Orthodox Christmas Day	This date works out to be December 25 in the Julian calendar, and is similarly a time to celebrate the birth of Jesus Christ, who is believed to be the Son of God.	Religious and Spiritual
January 7	Feast of the Baptism of the Lord	A celebration in the Catholic Church, which brings the season of Christmas to an end. It takes on the importance of a second creation in which the entire Trinity intervenes.	Religious and Spiritual
January 13	Lohri	An annual thanksgiving day in Hinduism and Sikhism and a popular harvest festival. Farmers celebrate Lohri during a rest period before cutting and gathering crops.	Religious and Spiritual
January 14	Maghi (Makar Sankranti)	Maghi is the Punjabi name of the Hindu festival of Makar Sankranti celebrated by the people of Punjab on the first day of the month of Magh of the Hindu Calendar.	Religious and Spiritual
January 14	Orthodox New Year	Many Orthodox Christian Canadians celebrate the New Year on January 1 in the Julian calendar, which falls on or near January 14 in the Gregorian calendar.	Religious and Spiritual
January 15-18	Thai Pongal	A multi-day Tamil Hindu harvest festival of South India, particularly in the Tamil community.	Religious and Spiritual
January 15	Martin Luther King Jr. Day	A federal holiday in the United States marking the birthday of Dr. Martin Luther King, Jr., leader of the modern American Civil Rights Movement.	Cultural Celebrations
January 17	Raoul Wallenberg Day	Commemorates the brave efforts of Raoul Wallenberg, the Swedish diplomat who reassured 400,000 Jewish people and brought them to the Swedish embassy in Hungary in 1944. In 1985 Wallenberg was the first person to be awarded honorary Canadian citizenship for his brave act.	Awareness Days

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January 18	Bodhi Day	Bodhi Day is a Buddhist celebration that honours the historic Buddha and the enlightenment.	Religious and Spiritual
January 19	Timkat	Timkat is the Orthodox Tewahedo celebration of Epiphany and it celebrates the baptism of Jesus in the River Jordan.	Religious and Spiritual
January 21	Lincoln Alexander Day	A day of recognition for Lincoln Alexander, one of the most accomplished Ontarians of our time, for being dedicated to fighting for equal rights for all races in our society.	Awareness Days
January 24	World Day for Africa and Afrodescent Culture	A day for us to highlight the contributions of the many living cultures of the African continent and the African diasporas around the world, as well as their role in driving sustainable development, dialogue, and peace.	Cultural Celebrations
January 24-25	Tu Bishvat (Arbor Day)	A Jewish holiday that marks the beginning of a “new year” for trees.	Religious and Spiritual
January 25	Burns Night	A Burns supper is a celebration of the life and poetry of the poet Robert Burns, the author of many Scots poems.	Cultural Celebrations
January 25	Thaipusam	A Hindu festival celebrated by the Tamil people in India and internationally. It is to celebrate the importance of good over evil, light over darkness and wisdom over ignorance.	Religious and Spiritual
January 25	International Day of Education	A day to remind us that everyone, regardless where they are born, language or economic class, has the fundamental right to access a fair quality education.	Awareness Days
January 26	Bell Let’s Talk	An annual day to spread awareness on mental health and the stigma that surrounds it.	Awareness Days
January 26	Vasant Panchami	Vasant Panchami is the Hindu festival that highlights the coming of spring.	Religious and Spiritual

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January 27	International Day of Commemoration in Memory of the Victims of the Holocaust	This is a time to mourn those who disappeared in the Holocaust and reflect upon the choices of individuals and governments that allowed this genocide to unfold.	Awareness Days
January 29	National Day of Remembrance of the Quebec City Mosque Attack and Action Against Islamophobia	A day to remember victims of the Quebec City mosque attack and to raise awareness of islamophobia in Canada.	Awareness Days

FEBRUARY

Date(s)	Name	Description	Category
All Month	Black History Month	Canadians are invited to participate in Black History Month festivities and events that honour the legacy of Black Canadians, past and present.	Awareness Days
All Month	Heart Month	A month to bring attention to the importance of cardiovascular health, and what we can do to reduce our risk of cardiovascular disease.	Awareness Days

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All Month	Psychology Month	Highlighting the contributions of Canadian psychologists and to teach how psychology supports people in living healthy and happy lives.	Awareness Days
All Month	Recreation Therapy Month	Therapeutic Recreation is a profession which recognizes leisure, recreation and play as integral components of quality of life.	Awareness Days
February 1	Imbolc	An event that lands about halfway between the winter solstice and the spring equinox. It is one of the four Gaelic seasonal festivals—along with Bealtaine, Lughnasadh and Samhain.	Religious and Spiritual
February 1	World Hijab Day	World Hijab Day celebrates all of the Muslim women who choose to wear the hijab. This day strives to foster religious tolerance by inviting all women to experience the hijab for one day.	Cultural Celebrations
February 1-7	Interfaith Harmony Week	A day to celebrate the harmony and connection between religions around the world. It recognizes the importance of dialogue between religious and cultural groups.	Religious and Spiritual
February 2	Groundhog Day	Groundhog Day in Canada focuses on the concept of a groundhog coming out of its home in mid-winter to “predict” if spring is on its way in the Northern Hemisphere.	Cultural Celebrations
February 4	World Cancer Day	A day dedicated to raising worldwide awareness, improving education and catalyzing personal, collective and government action about cancer.	Awareness Days
February 4-10	White Cane Week	A week of raising public awareness of the challenges facing Canadians living with vision loss.	Awareness Days
February 5	Anniversary of Toronto Bathhouse Raids	A day to remember the raids of four bathhouses in Toronto, which marked a turning point for the 2SLGBTQI+ community in Canada.	Awareness Days
February 6-7	Lailat Al Miraj	A Muslim holiday that commemorates the Prophet Muhammad's night time journey from Mecca to Jerusalem where he ascended to heaven, was purified, and given the instruction for Muslims to	Religious and Spiritual

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		recite Salat (ritual prayer) five times a day. Also known as Isra and Mi'raj, Al Isra'wal Miraj or Laylat al Miraj. Begins at the previous sundown.	
February 10-12	Losar	Losar is the Tibetan New Year.	Cultural Celebrations
February 10	Lunar New Year	An event typically celebrated in China and other Asian countries that begins with the first new moon of the lunar calendar and ends on the first full moon of the lunar calendar, 15 days later.	Cultural Celebrations
February 11	International Day of Women and Girls in Science	This day recognizes and celebrates the critical role women and girls play in science and technology.	Awareness Days
February 13	Carnival/ Shrove Tuesday	Also known as Pancake Tuesday, this is the last day before the long fast for Lent for some Christians in Canada.	Religious and Spiritual
February 13	World Radio Day	The radio's ability to reach the widest audience means radio can shape a society's experience of diversity, stand as an arena for all voices to speak out, be represented and heard.	Awareness Days
February 13-17	Sexual and Reproductive Health Awareness Week	Sexual and Reproductive Health Awareness Week is a campaign to raise awareness on sexual and reproductive health and remove the stigma surrounding topics of sexual and reproductive health.	Awareness Days
February 13-19	Nonprofit Appreciation Week	Nonprofit Appreciation Week is commemorated to recognize and celebrate the nonprofit sector and its nearly 850,000 workers in ongoing efforts to serve the local community.	Awareness Days
February 14	Ash Wednesday	Many Christians in Canada mark Ash Wednesday as the first day of Lent. It is the beginning of the Lenten fast and is the day after Shrove Tuesday.	Religious and Spiritual
February 14	Valentine's Day	Valentine's Day is an opportunity for people in Canada to show love to their friends and families.	Cultural Celebrations

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February 14- March 28	Lent	The Christian season of spiritual preparation before Easter to set aside time for reflection on Jesus Christ—to consider his suffering, sacrifice, his life, death, burial, and resurrection.	Religious and Spiritual
February 15	National Flag of Canada Day	The anniversary of the day that the national flag of Canada was inaugurated.	Awareness Days
February 15	Parinirvana Day, or Nirvana Day	Parinirvana Day, or Nirvana Day is a Mahayana Buddhist holiday celebrated in East Asia.	Religious and Spiritual
February 17	Random Acts of Kindness Day	Random Acts of Kindness Day is an effort to make kindness the norm.	Cultural Celebrations
February 19-25	Aromantic Spectrum Awareness Week	Aromantic Spectrum Awareness Week (ASAW) is an annual, international event meant to spread awareness and acceptance of aromantic spectrum identities and the issues we face, as well as making more people aware of their existence while celebrating it.	Awareness Days
February 19	Family Day (ON, AB, SK and NB)	A holiday celebrating the importance of families and family life to people and their communities.	Cultural Celebrations
February 19-25	Heritage Week	Ontarians are invited to celebrate heritage in all its forms: cultural and natural, architectural, archaeological and collections, and its diverse traditions and cultural expressions.	Cultural Celebrations
February 19	Nova Scotia Heritage Day	A day dedicated to celebrating provincial heroes and events.	Cultural Celebrations
February 20	World Day of Social Justice	A day that recognizes that social development and social justice are indispensable for the achievement and maintenance of peace and security within and among nations.	Awareness Days
February 21	International Mother Language Day	International Mother Language Day recognizes that languages and multilingualism can advance inclusion, and the Sustainable Development Goals' focus on leaving no one behind.	Awareness Days

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February 23	Yukon Heritage Day	Many people in the Yukon, Canada, celebrate the territory's Heritage Day, usually held on the Friday before the last Sunday of February.	Cultural Celebrations
February 24	Lantern Festival	The Lantern Festival marks the end of the Chinese New Year period. People will go out to look at the moon, send up flying lanterns, fly bright drones, have a meal, and enjoy time together.	Cultural Celebrations
February 24	Magha Puja Day	A day to commemorate a time when 1,250 Buddhists spontaneously came together to pay their respect to the Buddha.	Religious and Spiritual
February 24	Chötrul Düchen	The first fifteen days of the year in the Tibetan calendar celebrate the fifteen days during which the Buddha displayed miracles for his disciples so as to increase their devotion.	Religious and Spiritual
February 26-February 29	Ayyám-i-Há (also known as the Intercalary Days)	Ayyám-i-Há (also known as the Intercalary Days) is a period of celebration devoted to charity, gift-giving and festivities prior to the annual period of fasting for the Bahá'ís community.	Religious and Spiritual
February 28	Rare Disease Day	The main objective of Rare Disease Day is to raise awareness amongst the general public and decision-makers about rare diseases and their impact on peoples' lives.	Awareness Days
February 28	Pink Shirt Day	Pink Shirt Day, also known as National Anti-Bullying Day, is a day when people come together by wearing pink shirts to school or work to show that they are against bullying.	Awareness Days
February 29-March 19	Nineteen Day fast	A period of meditation and prayer, of spiritual recuperation for the Bahá'ís community, during which the believer must strive to make the necessary changes in their inner life, to refresh and reinvigorate spiritual forces.	Religious and Spiritual

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MARCH

Date(s)	Name	Description	Category
All Month	Bangladeshi Heritage Month	A month for Ontarians to honour the many significant contributions Bangladeshi Canadians have made and highlight their important role in the community.	Cultural Celebrations
All Month	Colorectal Cancer Awareness Month	A month to raise awareness about the risk and impact of colorectal cancer, which remains the second leading cause of cancer-related deaths in Canada.	Awareness Days
All Month	Francophonie Month	Francophonie Month is an important observance to celebrate the diversity, richness, and vitality of French Canadians and the French language.	Cultural Celebrations
All Month	Kidney Health Month	Raising awareness about kidney health and the growing concern of chronic kidney disease, which affects 1 in 10 people worldwide.	Awareness Days
All Month	Liver Health Month	A month encouraging optimal liver health and highlighting that the liver requires high-quality fuel, regular maintenance, hazard protection and some loving care.	Awareness Days
All Month	Music Therapy Awareness Month	An opportunity to learn how and when to access the services of a Certified Music Therapist.	Awareness Days
All Month	National Epilepsy Awareness Month	A month for anyone with an interest in epilepsy to raise awareness, challenge myths, and help to dismantle the stigma of epilepsy.	Awareness Days
All Month	National Pharmacy Awareness Month	A month to celebrate the contributions that pharmacists make and to help educate Canadians about the health care services and advice their pharmacists are now delivering.	Awareness Days

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All Month	National Social Work Month	A month to celebrate the great profession of social work and recognize their essential contributions to community wellbeing.	Awareness Days
All Month	Nutrition Month	A campaign to increase public awareness about the importance of healthy eating by identifying dietitians as the most credible source of food and nutrition information.	Awareness Days
All Month	Red Cross Month	A month to raise awareness of the organization and its humanitarian mission.	Awareness Days
All Month	Endometriosis Awareness Month	Endometriosis Awareness Month is to spread awareness on endometriosis and to spread awareness on conditions that impact people with uteruses and advocate for more research into the treatment of the disease.	Awareness Days
All Month	National Reading Month	A month to celebrate reading and literature from Canada and around the world.	Awareness Days
March 1	St. David's Day	A day for many Canadians of Welsh descent or those with Welsh connections to celebrate the patron saint of Wales. The Welsh flag is often seen, as well as daffodils or leeks pinned to clothing.	Cultural Celebrations
March 1	Zero Discrimination Day	Discrimination and inequalities are closely intertwined, so it is critical when looking to reduce inequalities to address discrimination.	Awareness Days
March 1	World Compliment Day	A day designed to celebrate complimenting and celebrating the people around us.	Awareness Days
March 3	World Hearing Day	To promote ear and hearing care, and raise awareness on how to prevent deafness and hearing loss.	Awareness Days
March 4	Black Mental Health Day	A day established to recognize the mental health effects of anti-black racism on Black communities. This day promotes conversation surrounding systemic change.	Awareness Days

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TBD	Ontario Social Work Week	A week to highlight the role of the profession and recognize the valuable contributions made by social workers each and every day.	Awareness Days
March 8	International Women's Day	A day celebrated on the 8th of March every year around the world. It is a focal point in the movement for women's rights.	Awareness Days
March 8	Maha Shivaratri	An Hindu festival that celebrates the deity Shiva.	Religious and Spiritual
March 10-16	Creative Arts Therapy Week	A week to celebrate art therapy and how much support it can give to residents in LTC.	Awareness Days
March 10-16	World Glaucoma Week	A global joint initiative to alert everyone to have regular eye and optic nerve checks in order to detect glaucoma as early as possible.	Awareness Days
March 10	Daylight Saving Time starts	Sunday, March 10, 2024, 2:00:00 am clocks are turned forward 1 hour to Sunday, March 11, 2024, 3:00:00 am local daylight time.	Awareness Days
March 11	Commonwealth Day	A day that commemorates the Commonwealth of Nations, which is a union of some countries that used to be part of the British Empire.	Cultural Celebrations
March 11	National COVID-19 Day of Observance	This date is an opportunity to reflect on the many challenges we have experienced, and remember those who have faced devastating impacts of the pandemic.	Awareness Days
March 11	Canadian Women Physicians Day	A day to honour Dr. Jennie Trout, the first woman licensed to practice medicine in Canada, and to celebrate all the women in the medical field.	Awareness Days
March 11-17	Brain Awareness Week	A week that is a global campaign to foster public enthusiasm and support for brain science.	Awareness Days

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March 15	Dietitian's Day	Dietitian's Day is dedicated to spotlighting the profession of dietitians and the importance of their roles in promoting reliable nutritional and food advice.	Awareness Days
March 17	St. Patrick's Day/ Irish Heritage Day	A day that remembers St Patrick, a missionary who converted many of Ireland's inhabitants to Christianity in the 5th century and also celebrates Irish culture.	Cultural Celebrations
March 18-May 4	Great Lent	The 40-day season of spiritual preparation that comes before the most important Feast of the Christian year, Holy Pascha (which means "Passover" and is commonly called "Easter").	Religious and Spiritual
March 19	March Equinox	There are two equinoxes every year, in March and September, when the Sun shines directly on the equator, and the length of night and day are nearly equal.	Awareness Days
March 20	International Francophonie Day	La Francophonie is a group of 88 states and member governments and observers that share French as a common language, as well as values in common.	Cultural Celebrations
March 20	World Storytelling Day	A worldwide celebration of oral storytelling. On this day, storytellers around the world try to tell stories in as many languages and at as many places as possible, during the same day.	Awareness Days
March 20-21	Naw-Rúz (Bahá'í New Year)	Naw-Rúz is the first day of the Bahá'í calendar year and one of nine holy days for adherents of the Bahá'í Faith. Begins in the evening of the first day and ends in the evening of the second day.	Religious and Spiritual
March 21	World Down Syndrome Day	A day to help raise awareness on what Down syndrome is, what it means to have Down syndrome, and how people with Down syndrome play a vital role in our lives and communities.	Awareness Days
TBD	International Francophonie Week	A celebration that is part of the Rendez-vous de la Francophonie and which aims to stimulate, in schools, the development of a dynamic Francophone cultural identity.	Cultural Celebrations

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March 21	International Day for the Elimination of Racial Discrimination	An annual observation on the day the police in Sharpeville, South Africa, opened fire and killed 69 people at a peaceful demonstration against apartheid "pass laws" in 1960.	Awareness Days
March 21	International Nowruz Day	Nowruz marks the first day of spring and is celebrated on the day of the astronomical vernal equinox, which usually occurs on 21 March.	Religious and Spiritual
March 22	World Water Day	World Water Day is about accelerating change to solve the water and sanitation crisis.	Awareness Days
March 23	Ta'anit Esther (Fast of Queen Esther)	A Jewish fast from dawn until dusk on Purim eve, commemorating the three-day fast observed by the Jewish people in the story of Purim.	Religious and Spiritual
March 23-24	Purim	A Jewish holiday that marks the Jewish people's deliverance from a royal death decree around the 4th century BCE. It begins at sundown on the first day and ends at nightfall on the second day.	Religious and Spiritual
March 24	Palm Sunday	Many Christians in Canada remember Jesus Christ's triumphal entry into Jerusalem on Palm Sunday, which marks the beginning of Holy Week.	Religious and Spiritual
March 24-25	Holi	One of the most celebrated festivals of India. Sometimes called the "festival of love", this Hindu festival brings people together, forgetting all resentments and bad feelings towards each other.	Religious and Spiritual
TBD	Ramadan	Ramadan is the ninth month in the Islamic calendar and is a period of prayer, fasting, charity-giving and self-accountability for Muslims in Canada.	Religious and Spiritual
March 25	International Day of Remembrance of the Victims of Slavery and the Transatlantic Slave	A day to honour and remember those who suffered and died at the hands of the brutal slavery system. The International Day also aims to raise awareness about the dangers of racism and prejudice today.	Awareness Days

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	Trade		
March 25-27	Hola Mohalla	This Sikh Festival is a gathering of Sikhs for military exercises and mock battles on the day following the festival of Holi. Hola Mohalla is a big festive event for Sikhs around the world.	Religious and Spiritual
March 26	Purple Day	A global grassroots event formed with the intention to increase worldwide awareness of epilepsy and to dispel common myths and fears of this neurological disorder.	Awareness Days
March 26	Khordad Sal	This day marks the birth anniversary of Prophet Spitaman Zarathushtra (Zoroaster). During the special day, Jashans are recited, large parties are held, large banquets are served, and Parsis (community) gather together.	Religious and Spiritual
March 28	Maundy Thursday	An observance that commemorates Jesus Christ's last supper and the initiation of the Eucharist, which is observed in many Christian churches in Canada.	Religious and Spiritual
March 29	Good Friday	The day when Christians commemorate the crucifixion of Jesus Christ, which plays an important part in the Christian faith and is recognized as a statutory holiday in all Canadian provinces and territories except Quebec.	Religious and Spiritual
March 30	Holy Saturday	Holy Saturday falls between Good Friday and Easter Sunday in Canada and it commemorates the day when Jesus Christ lay in the tomb after his death for the Christian faith.	Religious and Spiritual
March 31	Easter Sunday	Celebrates Jesus Christ's resurrection after his death, which is described in the Christian Bible.	Religious and Spiritual
March 31	International Trans Day of Visibility	A day dedicated to celebrating the accomplishments and victories of transgender and gender non-conforming people while raising awareness of the work that is still needed to save trans lives.	Awareness Days

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March 31	National Indigenous Languages Day	An opportunity for Indigenous and non-Indigenous peoples in Canada to recognize and celebrate the very rich and diverse heritage of Indigenous languages.	Awareness Days
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APRIL

Date(s)	Name	Description	Category
All Month	Be a Donor Month	An event that is helping to raise awareness of the importance of organ and tissue donation and transplantation.	Awareness Days
All Month	Daffodil Month	A month dedicated to supporting and remembering those affected by cancer. With nearly 1 in 2 Canadians diagnosed in their lifetime, almost all of us are impacted in some way.	Awareness Days
All Month	Irritable Bowel Syndrome (IBS) Awareness Month	A month to raise awareness for irritable bowel syndrome (IBS) which is a common functional disorder that likely impacts someone you know.	Awareness Days
All Month	National Oral Health Month	A month to raise awareness about oral diseases and the importance of keeping a healthy mouth.	Awareness Days
All Month	Parkinson Awareness Month	A month to raise awareness and share information about living well with Parkinson's disease.	Awareness Days
All Month	Poetry Month	National Poetry Month brings together schools, publishers, booksellers, literary organizations, libraries, and poets from across the country to celebrate poetry and its vital place in Canada's culture.	Awareness Days

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All Month	Rosacea Awareness Month	A month to spread awareness and educate the public on the current understanding of the complex skin condition called Rosacea.	Awareness Days
All Month	Sikh Heritage Month	April is a month where Sikh Canadians widely celebrate Vaisakhi, which marks the creation of the Khalsa and the Sikh articles of faith. It has been officially honoured in Ontario since 2013.	Cultural Celebrations
All Month	World Autism Month	A month promoting a kinder, more inclusive world for people with autism.	Awareness Days
April 1	Easter Monday	Easter Monday is the day after Easter Sunday, which commemorates Jesus Christ's resurrection, according to the Christian Bible.	Religious and Spiritual
April 2	World Autism Awareness Day	On World Autism Awareness Day, we recognize those on the autism spectrum, their families, caregivers, and communities.	Awareness Days
April 3	Cold Food Festival (Hanshi/Hansik/Tết Hàn Thục)	A traditional cultural celebration in China, Korea, and Vietnam, where people eat cold foods made without using fire.	Cultural Celebrations
TBD	National Dental Hygienists Week	Focusing on the importance of maintaining good oral health practices and helping Canadians understand the role and importance of the dental hygiene profession.	Awareness Days
April 4	National Caregiver Day	A day to showcase Canadians' experiences in caregiving and recognize the enormous contributions caregivers make to our society.	Awareness Days
April 5	Laylatul Qadr (Night of Power)	A day, according to Islamic belief, that commemorates the night when God (Allah) revealed the Qur'an (or Koran), which is the Islamic holy book, to the prophet Muhammad (also known as Mohammad).	Religious and Spiritual

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April 6	National Tartan Day	A day that recognizes and celebrates the contributions of Scots and their descendants in Canada and is with Tartans of all varieties being worn.	Cultural Celebrations
April 6	International Asexuality Day	IAD is a coordinated worldwide campaign promoting the ace umbrella, including demisexual, grey-asexual and other ace identities. / To recognize and celebrate ace identities	Awareness Days
April 7	World Health Day	A global health awareness day celebrated every year under the sponsorship of the World Health Organization (WHO), as well as other related organizations.	Awareness Days
April 9	Vimy Ridge Day	Vimy Ridge Day is an annual observance to remember Canadians who victoriously fought in the battle of Vimy Ridge in northern France during the First World War.	Cultural Celebrations
April 9	Ugadi/Yugadi	Ugadi or Yugadi, also known as Samvatsarādi, is New Year's Day according to the Hindu calendar.	Cultural Celebrations
April 9-10	Eid ul Fitr	A Muslim event that marks the end of the month-long fast of Ramadan and the start of a feast that lasts up to three days in some countries.	Religious and Spiritual
April 10-16	World Homeopathy Awareness Week	A week to create awareness and access to homeopathy and a shift of the paradigm in the understanding of healing and healthcare.	Awareness Days
April 10	International Day of Pink	A day to encourage people around the world to put on a pink shirt and stand in solidarity with the 2SLGBTQIA+ community to continue fighting for equality and acceptance.	Awareness Days
April 13-14	Sinhalese New Year	Also known as the sun festival, the Sinhala and Tamil new year is a ritual performed to honour the God of Sun for hundreds and hundreds of years now.	Cultural Celebrations
April 13	Vaisakhi	Vaisakhi is an ancient spring harvest festival that has been observed in the Punjab region for many centuries.	Cultural Celebrations

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April 14	Puthandu (Tamil New Year)	Puthandu, also known as Tamil New Year, is the first day of the year on the Tamil calendar, traditionally celebrated as a festival by Tamils as the first day of the Tamil month Chittirai.	Cultural Celebrations
April 14-20	National Volunteer Week	A week to celebrate the contributions of volunteers across Canada.	Awareness Days
April 16	Advance Care Planning Day	A day to recognize the importance of Advance Care Planning which is the process of thinking and talking about your wishes, values, and preferences for your future care in the event you are unable to speak for yourself.	Awareness Days
April 17	Ram Navami	A Hindu festival celebrated on the ninth day of Chaitra Navratri which marks the birth of Ram, the seventh avatar of Vishnu.	Religious and Spiritual
April 17	World Hemophilia Day	A day to raise awareness and understanding of hemophilia and other bleeding disorders.	Awareness Days
April 17	Equality Day	Also known as the Anniversary of the Canadian Charter of Rights and Freedoms which was signed in 1982.	Awareness Days
April 20	First day of Riḍván	The most important of the Bahá'í holy days where Bahá'u'lláh declared His mission as a Messenger of God. Begins in the evening of the first day and ends in the evening of the second day.	Religious and Spiritual
April 21	Mahavir Jayanti	Mahavir Jayanti is one of the most important festivals in Jainism, and it celebrates the birth anniversary of the 24th Tirthankara Mahavir, who played a significant role in preaching Jainism.	Religious and Spiritual
April 21-27	Canadian Infertility Awareness Week	This awareness week aims to help alleviate feelings of isolation with online resources and interactive counseling sessions for Canadians struggling with infertility.	Awareness Days

TBD=to be determined

Visit our online calendar to learn more about these dates at clri-ltc.ca/diversitycalendar

Diversity and Inclusion Calendar 2024

April 21-27	National Medical Laboratory Week	A week to educate Canadians on who medical laboratory professionals really are and the role they play on the health care team.	Awareness Days
April 21-27	National Tissue Donor Awareness Week	A day to showcase Canadians' experiences in caregiving and recognize the enormous contributions caregivers make to our society.	Awareness Days
April 22-30	Passover	Passover, is a major Jewish holiday that occurs in the spring on the 15th day of the Hebrew month of Nisan and celebrates the deliverance of Jewish people from slavery in Egypt. Begins in the evening of the first day and ends in the evening of the last day.	Religious and Spiritual
April 22	Earth Day	An annual event celebrated worldwide to demonstrate support for environmental protection.	Awareness Days
April 24	Theravada New Year	A holiday is celebrated by Theravada Buddhists, with traditions varying by region. Many rituals for this celebration involve water and sand.	Religious and Spiritual
April 24	Administrative Professionals Day	The day recognizes the work of secretaries, administrative assistants, receptionists, and other administrative support professionals.	Awareness Days
April 26	Lesbian Visibility Day	Lesbian visibility day was created in 2008, to not only celebrate women-loving-women but also to raise awareness on issues facing the lesbian community.	Awareness Days
April 28	National Day of Mourning	A day that commemorates workers who have been killed, injured or suffered illness due to workplace-related hazards and incidents.	Awareness Days
April 29-30	Ninth day of Ridván	The day on which Bahá'u'lláh's family joined Him in the Garden of Ridván. Begins in the evening of the first day and ends in the evening of the second day.	Religious and Spiritual

TBD=to be determined

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Diversity and Inclusion Calendar 2024

April 29	International Dance Day	International Dance Day commemorates the birthday of Jean-Georges Noverre, a distinguished choreographer that brought about significant reforms in ballet production.	Awareness Days
April 30-May 1st	Twelfth Day of Ridván	Twelfth Day of Ridván, the day on which Bahá'u'lláh and His family left the garden to travel to Constantinople. Begins in the evening of April 30 and ending on the evening of May 1st.	Awareness Days

MAY

Date(s)	Name	Description	Category
All Month	Ankylosing Spondylitis Awareness Month	A month to recognize inflammatory arthritis diseases and the other associated illnesses.	Awareness Days
All Month	Asian Heritage Month	A month to recognize and pay tribute to the contributions that Asians make, and continue to make, to the development and general welfare of Ontario.	Awareness Days
All Month	Bladder Cancer Awareness Month	A month for those affected by bladder cancer to join together in an effort to increase awareness of the disease and fundraise for bladder cancer research and care.	Awareness Days
All Month	Brain Tumour Awareness Month	A month to bring attention to the severity of brain tumours and educate individuals on how to minimize their risks.	Awareness Days
All Month	Celiac Awareness Month	A month to raise awareness around celiac disease and encourage people who may have typical and atypical symptoms to get tested.	Awareness Days
All Month	Dutch Heritage Month	A month for recognizing the important contributions that Dutch Canadians have made to the economic, political, social and cultural fabric of Ontario's society.	Awareness Days

TBD=to be determined

Visit our online calendar to learn more about these dates at clri-ltc.ca/diversitycalendar

Diversity and Inclusion Calendar 2024

All Month	Hemochromatosis Awareness Month	A month to bring attention to hemochromatosis, which is an iron storage disorder that can cause the body to absorb too much iron.	Awareness Days
All Month	Hypertension Awareness Month	A month to educate individuals on the risk of hypertension which is the leading preventable cause of death and disability around the world.	Awareness Days
All Month	Jewish Heritage Month	An opportunity to remember, celebrate and educate future generations about the inspirational role that Jewish Canadians have played and continue to play.	Awareness Days
All Month	National Physiotherapy Month	A month to recognize the value of physiotherapy and how important it is for a stronger and healthier life.	Awareness Days
All Month	National Sun Awareness Month	A month that promotes professional guidance on how we can all enjoy the sun safely.	Awareness Days
All Month	Polish Heritage Month	Polish Heritage Month will be celebrated each May, commemorating Constitution Day in Poland - the implementation of the first democratic and progressive constitution in Europe on May 3rd, 1791.	Awareness Days
All Month	South Asian Heritage Month	A month to recognize and pay tribute to the contributions South Asians have made, and continue to make, to the development and general welfare of Ontario.	Awareness Days
All Month	Speech and Hearing Month	A month dedicated to raising public awareness about communication health and highlighting the importance of early detection and intervention.	Awareness Days
All Month	Vision Health Month	A great time to raise awareness about eye health and ways to prevent vision loss.	Awareness Days
May 1	Doctor's Day	A day to highlight and celebrate doctors' expertise and dedication to patient care.	Awareness Days

TBD=to be determined

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Diversity and Inclusion Calendar 2024

May 1	Tsuut'ina Day	Tsuut'ina Day marks the beginning of a new year with the arrival of spring and the people of Tsuut'ina would gather and celebrate while also taking note of the population by placing a rock on the community's Rock Cairn.	Cultural Celebrations
May 3	Orthodox Good Friday	Many Orthodox Christian churches in Canada often observe Good Friday at a later date, and the observance focuses on Jesus Christ's death, which is described in the Christian bible.	Religious and Spiritual
May 4	Orthodox Easter	Orthodox Easter Day is an annual holiday commemorating the death and resurrection of Jesus Christ. Orthodox Easter follows the Julian calendar.	Religious and Spiritual
May 5	National Day of Awareness for Missing and Murdered Indigenous Women and Girls	A day to honour the lives and legacies of the victims and survivors impacted by this tragic and on-going violence. A day for reflection and also for action.	Awareness Days
May 5	South Asian Arrival Day	A day to recognize and pay tribute to the contributions South Asians have made, and continue to make, to the development and general welfare of Ontario.	Cultural Celebrations
May 5	World Pulmonary Hypertension Day	A day to raise awareness of pulmonary hypertension, which is a frequently misdiagnosed disease, and celebrate the lives of people living with it.	Awareness Days
May 5	World Hand Hygiene Day	A day to raise awareness of the importance of washing hands and hand hygiene.	Awareness Days
May 5	Yom HaShoah	Yom HaShoah is a day of remembrance for the victims of the Holocaust. It is observed to honor and commemorate those who lost their lives during this tragic period in history.	Religious and Spiritual

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Diversity and Inclusion Calendar 2024

May 6	Orthodox Easter Monday	Many Orthodox Christian churches in Canada often observe Easter Monday at a later date than the Easter Monday date observed by many Western churches.	Religious and Spiritual
May 6	World Axial Spondyloarthritis Day	World AS Day is an annual day dedicated to people with Axial Spondyloarthritis (axSpA) globally. The goal is to raise awareness for Axial Spondyloarthritis and related conditions.	Awareness Days
May 5-11	National Hospice Palliative Care Week	A week to celebrate and share achievements of hospice palliative care throughout the nation and provide a platform to look at any shortcomings.	Awareness Days
May 5-11	Emergency Preparedness Week	An annual event that encourages Canadians to take concrete actions to be better prepared to protect themselves and their families during emergencies.	Awareness Days
May 6-10	Education Week	An event celebrated by school boards and schools across the province that gives students, teachers and parents a time to celebrate teaching excellence and student achievement.	Awareness Days
May 6-11	Safety and Health Week	A week to educate employers, employees, partners and the public on the importance of preventing injury and illness in the workplace, at home, and in the community.	Awareness Days
May 6-12	Mental Health Week	A week that encourages real social connection, the kind of human connection that puts an end to loneliness and isolation.	Awareness Days
May 6-12	National Nursing Week	A week to highlight the many contributions of nursing to the well-being of Canadians.	Awareness Days
May 7	National Child and Youth Mental Health Day	A day about building caring connections between young people and the caring adults in their lives to positively impact the mental health of children and youth.	Awareness Days
May 8	International Thalassaemia Day	A day devoted to raising awareness about thalassaemia and strengthening the lifelong struggle of patients against this severe blood disease.	Awareness Days

TBD=to be determined

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Diversity and Inclusion Calendar 2024

May 8	World Red Cross and Red Crescent Day	An annual celebration of the principles of the International Red Cross and Red Crescent Movement.	Awareness Days
May 10	World Lupus Day	Educating individuals on the severe impacts of lupus, which often has unpredictable and life-changing results.	Awareness Days
May 12	International Awareness Day for Chronic Immunological and Neurological Diseases	A day to raise awareness about chronic immunological and neurological diseases and commemorate those who have suffered with them.	Awareness Days
May 12	International Nurses Day	A celebration of nurses around the world that is commemorated with the distribution of the International Nurses Day (IND) resources and evidence.	Awareness Days
May 12	Mother's Day	Many Canadians celebrate this day by showing their appreciation for mothers or mother figures.	Cultural Celebrations
May 12-13	Yom HaZikaron (Israeli Memorial Day)	A day of celebration for Israeli Memorial Day. Begins at sundown on Tuesday, May 3, 2022 and ends at nightfall on Wednesday, May 4, 2022.	Cultural Celebrations
May 13-14	Yom HaAtzma'ut	A time that begins at sundown on the first day and ends at nightfall on the second day, where many Jewish Canadians remember Israel's Independence Day.	Religious and Spiritual
TBD	Naturopathic Medicine Week	A week where naturopathic doctors across Canada will be teaching members of their community about the value of naturopathic medicine, healthy living and disease prevention.	Awareness Days
TBD	National Victims of Crime Awareness Week	A day for a more effective voice to victims and survivors of crime and their families and raises awareness about the role they play in the criminal justice system.	Awareness Days

TBD=to be determined

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Diversity and Inclusion Calendar 2024

May 15	International Day of Families	This day provides an opportunity to promote awareness of issues relating to families and to increase the knowledge of the social, economic and demographic processes affecting families.	Awareness Days
May 15-19	Canadian Innovation Week	Canadian Innovation Week is a five-day celebration recognizing and supporting ingenuity across all sectors. This week is dedicated to recognizing and honouring Canada's transformative innovators from coast to coast to coast who are making a positive impact within the country and on the global stage.	Awareness Days
May 16	International Day of Living Together in Peace	Living together in peace is all about accepting differences and having the ability to listen to, recognize, respect and appreciate others, as well as living in a peaceful and united way.	Awareness Days
May 16	Global Accessibility Day	A day to raise awareness about digital access/inclusion and people with different disabilities. Accessibility should be a core requirement of technology.	Awareness Days
May 17	International Day Against Homophobia, Transphobia & Biphobia (IDAHOT)	A celebration uniting millions of people in support of the recognition of human rights for all, irrespective of sexual orientation or gender identity or expression.	Awareness Days
May 17	World Hypertension Day	A day to promote public awareness of hypertension and to encourage citizens of all countries to prevent and control this silent killer, the modern epidemic.	Awareness Days
May 18	International Museums Day	A day to raise awareness about the important contributions of Museums and how they contribute to cultural exchange and development.	Awareness Days
May 18	Ascension Day	A day that is observed in Canada on the 40th day of Easter. It commemorates Jesus Christ's ascension into heaven, according to the New Testament of the Bible.	Religious and Spiritual
May 19	Personal Support Worker	A day to recognize the essential role of Canada's Personal Support Workers to meet the supportive,	Awareness Days

TBD=to be determined

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Diversity and Inclusion Calendar 2024

	Day	physical and psychosocial needs of clients and their families.	
May 19	World IBD Day	World IBD Day takes place on 19 May each year and unites people worldwide in their fight against Crohn's disease and ulcerative colitis, known as inflammatory bowel diseases.	Awareness Days
TBD	Paramedic Services Week	A day designed to educate citizens on paramedics during a pandemic health emergency and allow the public to get to know their local paramedics.	Awareness Days
TBD	Citizenship Week	A great opportunity to welcome new Canadians and to reflect on and celebrate the rights and responsibilities shared by all citizens.	Awareness Days
May 19	Pentecost	Pentecost is a Christian observance commemorating the descent of the Holy Spirit on Jesus Christ's disciples, according to the Bible.	Religious and Spiritual
May 20	World Autoimmune Arthritis Day	An event to raise awareness about the AUTOimmune and AUTOinflammatory diseases that include inflammatory-driven arthritis.	Awareness Days
May 20	Victoria Day	Victoria Day, also known as May Two-Four, May Long, and May Long Weekend, is a Canadian holiday on the Monday preceding May 25.	Cultural Celebrations
May 20	Whit Monday	A day following Pentecost that commemorates the Holy Spirit's descent on Jesus Christ's disciples, as told in the Christian Bible.	Religious and Spiritual
May 21	World Day for Cultural Diversity for Dialogue and Development	A day that celebrates not only the richness of the world's cultures, but also the essential role of intercultural dialogue for achieving peace and sustainable development.	Awareness Days

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Diversity and Inclusion Calendar 2024

May 21	Ontario Flag Day	A day to pay tribute to the Ontario flag and celebrate all Ontario citizens and their countless contributions while honouring our history, heritage, values and successes.	Cultural Celebrations
May 22-23	Declaration of the Báb	Declaration of the Báb the anniversary of the Báb's announcement of His mission in 1844. This event is celebrated by the Bahá'ís community.	Religious and Spiritual
May 23	Vesak (Buddha Day)	On the Day of Vesak in the year 623 B.C. the Buddha was born. It was also on the Day of Vesak that the Buddha attained enlightenment, and that the Buddha in his eightieth year passed away.	Religious and Spiritual
May 23	Saga Dawa Düchen	This day is the single most holy day of the year for Tibetan Buddhists. Saga Dawa Düchen commemorates the Birth, Enlightenment, and Parinirvana of Buddha Shakyamuni marked on the same day of the Full Moon within this month.	Religious and Spiritual
May 24	Pansexual Visibility	This is a day to celebrate the pansexual and panromantic community and educate others on the community.	Awareness Days
May 25	Africa Day	Africa Day was first created to celebrate freedom from exploitation from colonial powers. It celebrates people and culture from the diverse continent.	Cultural Celebrations
May 25-26	Lag B'Omer	Lag B'Omer begins at sundown on the first day and ends at nightfall on the second day and is generally a day of celebration and joy for many Jewish people in Canada because mourning practices that occur during the Omer period are lifted on this date.	Cultural Celebrations
May 26	Trinity Sunday	Many Christians in Canada celebrate Trinity Sunday, which is the first Sunday after Pentecost and it is also symbolic of the unity of the Trinity.	Religious and Spiritual

TBD=to be determined

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Diversity and Inclusion Calendar 2024

May 26 - June 1	National AccessAbility Week	An opportunity to celebrate the valuable contributions of Canadians with disabilities and to recognize the efforts to remove barriers to accessibility and inclusion.	Awareness Days
May 27-28	Ascension of Bahá'u'lláh	Ascension of Bahá'u'lláh marking the passing of Bahá'u'lláh in 1892. This event is celebrated by the Bahá'ís community.	Religious and Spiritual
May 30	World MS Day	A day to celebrate global solidarity and hope for the future and a time to share stories, raise awareness and campaign with everyone affected by MS.	Awareness Days
May 30	Corpus Christi	Many Christians in Canada, especially those of the Roman Catholic faith, observe Corpus Christi in honour of the Holy Eucharist.	Religious and Spiritual
May 31	World No Tobacco Day	A day to fight the tobacco epidemic, and raise awareness on what people around the world can do to claim their right to healthy living and to protect future generations.	Awareness Days
May 31	Red Shirt Day	A day where Canadians wear red to create a visible display of solidarity to show their support for disabled people and their families, celebrate the achievements of disabled Canadians, and to pledge their commitment to help create a fully accessible and inclusive society.	Awareness Days

JUNE

Date(s)	Name	Description	Category
All Month	ALS Awareness Month	ALS Awareness Month is a campaign to spread awareness of and raise funds for research for a cure for ALS (amyotrophic lateral sclerosis, also known as Lou Gehrig's Disease)	Awareness Days

TBD=to be determined

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Diversity and Inclusion Calendar 2024

All Month	Brain Injury Awareness Month	This event is an opportunity to bring attention to the effects of brain injuries and the measures to take to help prevent them.	Awareness Days
All Month	Deaf-Blind Awareness Month	The awareness that this event brings gives members of the deafblind community an opportunity to advocate for a level playing field.	Awareness Days
All Month	Filipino Heritage Month	An opportunity to learn about and celebrate the rich heritage and histories of the Filipino Canadian community.	Cultural Celebrations
All Month	International CDKL5 Awareness Month	An opportunity to educate and raise awareness about CDKL5 Deficiency Disorder, which is a genetic disorder.	Awareness Days
All Month	Italian Heritage Month	A day that recognizes the important contributions Italian immigrants have made in building Ontario's communities and economic, political, social and cultural achievements.	Cultural Celebrations
All Month	National Indigenous History Month	A month-long event to honour the history, heritage and diversity of Indigenous peoples in Canada.	Awareness Days
All Month	National Spina Bifida and Hydrocephalus Awareness Month	Encourages continuous awareness about spina bifida and hydrocephalus, which are physically disabling birth defects in newborns.	Awareness Days
All Month	Portuguese History and Heritage Month	Recognizes the efforts of the Portuguese Canadian community and celebrates the life of Luis de Camoes and his famous epic poems.	Cultural Celebrations
All Month	Pride Month	A celebration of the 2SLGBTQI+ community, which includes individuals who identify as two-spirit, lesbian, gay, bisexual, transgender, queer and intersex, as well as a range of other gender and sexual identities and expressions.	Awareness Days

TBD=to be determined

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Diversity and Inclusion Calendar 2024

All Month	Recreation and Parks Month	A movement that promotes the benefits of recreation and parks for physical, social, and environmental health.	Awareness Days
All Month	Seniors' Month	A month to recognize and celebrate the contributions that older adults make in communities across our province.	Awareness Days
All Month	Stroke Month	An event to bring awareness to the signs to watch out for and the impacts of strokes which occur for 50,000 Canadians each year.	Awareness Days
All Month	Thyroid Awareness Month	An opportunity for everyone to learn more about thyroid disease and support those affected by it.	Awareness Days
June 1	Intergenerational Day	Raises awareness of the many benefits that simple and respectful connections between generations bring to education, health and communities.	Awareness Days
June 1	Global Day of Parents	The Global Day of Parents recognizes that the family has the primary responsibility for the nurturing and protection of children.	Awareness Days
June 1	National Health and Fitness Day	An initiative to challenge Canada to become the Fittest Nation on Earth and a day encouraging Canadians to get out and get active in any way they wish.	Awareness Days
June 1-7	Family Council Week	A week to recognize the important, rewarding, and sometimes challenging work Family Council members do every day to improve LTC home residents' quality of life.	Awareness Days
June 2	International Sex Workers' Day	A day to raise awareness of injustice and discrimination sex workers face around the world.	Awareness Days
June 2-8	Canadian Environment Week	A week that celebrates Canada's environmental accomplishments and encourages Canadians to contribute to conserving and protecting their environment.	Awareness Days

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Diversity and Inclusion Calendar 2024

June 4	National Cancer Survivors Day	A day to honour everyone who is living with a cancer diagnosis, and to show life after a cancer diagnosis can be a reality.	Awareness Days
June 4-5	Yom Yerushalayim (Jerusalem Day)	An Israeli national holiday commemorating the reunification of Jerusalem and the establishment of Israeli control over the Old City. Begins at sundown on May 28 and ends at nightfall on May 29.	Religious and Spiritual
June 5	World Environment Day	A renowned day for environmental action: engaging governments, businesses, celebrities and citizens to focus their efforts on a pressing environmental issue.	Awareness Days
June 5	Clean Air Day	A day to recognize how important good air quality is to our health, our environment, and the economy and become aware of the dangers of air pollution.	Awareness Days
June 8-June 14	Rivers to Oceans Week	A week that recognizes species such as the American Eel and Chinook Salmon, which are vital to their ecosystems and culturally significant to Indigenous Peoples, and they make incredible migrations from freshwater to saltwater.	Awareness Days
June 9-15	National Blood Donor Week	A week where we proudly recognize and celebrate the essential role that volunteer blood donors play in strengthening Canada's Lifeline and in uniting to save the lives of individuals across our country.	Awareness Days
June 10	Portugal Day	This day recognizes the anniversary of the death of Luis de Camoes and commemorates his life and his famous epic poems.	Cultural Celebrations
June 10	Dragon Boat Festival	The Tuen Ng Festival, also known as the Duanwu (Dragon Boat Festival), has been celebrated on the fifth day of the fifth month of the Chinese lunar calendar for millennia.	Cultural Celebrations
June 10	Action Anxiety Day	A day to raise awareness of anxiety disorders. People wear blue and orange on June 10 to show support and eliminate the stigma around anxiety disorders.	Awareness Days

TBD=to be determined

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Diversity and Inclusion Calendar 2024

June 10	Dano	A traditional Korean cultural celebration, after the sowing season, to wish for a prosperous year.	Cultural Celebrations
June 10-16	Canadian Men's Health Week	A week to show your support for men's health and to inspire guys to live healthier, happier lives.	Awareness Days
June 11-13	Shavuot	Many Jewish Canadians observe Shavuot, which is the second of three major Jewish festivals that focus on historical and agricultural importance. This event begins at sundown on the first day and ends at nightfall on the last day.	Religious and Spiritual
June 12	World Day Against Child Labour	An awareness day developed to focus attention on the global extent of child labour and the action and efforts needed to eliminate it.	Awareness Days
June 12	Philippines Independence Day	This national holiday commemorates the freedom of the Philippines and its people. On this day in 1898, Filipino leader Emilio Aguinaldo declared independence from Spain after more than 300 years of rule.	Cultural Celebrations
June 13	International Albinism Awareness Day	On December 18, 2014, the United Nations' General Assembly adopted a resolution establishing International Albinism Awareness Day. This historic resolution confirmed the global focus on albinism advocacy.	Awareness Days
June 14	World Blood Donor Day	A day where Canadian Blood Services honours its 420,000 Canadian blood donors who save lives, as well as the millions of international donors who help contribute to the 108 million blood donations collected globally each year.	Awareness Days
June 14	Plaid For Dad	Launched in 2015, Plaid for Dad raises awareness about prostate cancer and vital research funds to improve and save the lives of those affected by the disease.	Awareness Days

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Diversity and Inclusion Calendar 2024

June 15	World Elder Abuse Awareness Day	WEAAD is marked each year on June 15. It is an official United Nations International Day acknowledging the significance of elder abuse as a public health and human rights issue.	Awareness Days
June 16	Father's Day	A day for people to show their appreciation for fathers and father figures, which may include stepfathers, fathers-in-law, guardians (eg. foster parents), and family friends.	Cultural Celebrations
June 16-19	Eid-Al Adha	Eid al-Adha, or the “Feast of Sacrifice,” signifies the willingness of the Prophet Ibrahim, known as Abraham in Christianity and Judaism, to sacrifice his son, Ismail as ordered by Allah. It is one of Islam’s most important holidays.	Religious and Spiritual
June 17	CDKL5 Awareness Day	A day to raise awareness for CDKL5 Deficiency Disorder which is a rare genetic mutation that prevents the body from making essential proteins needed for brain development.	Awareness Days
June 18	International Day of Countering Hate Speech	A day designated by the UN to raise awareness to the harm hate speech causes to human rights and society.	Awareness Days
June 19	United Empire Loyalists’ Day	A day for the people of Ontario to recognize and celebrate their heritage of loyalty to the Crown.	Cultural Celebrations
June 19	World Sickle Cell Day	A day to raise awareness and help reduce the stigma and discrimination experienced by families with children, youth, and adults living with Sickle Cell Disease.	Awareness Days
June 19	Juneteenth	Juneteenth is the oldest nationally celebrated commemoration of the ending of slavery in the United States. Today, Juneteenth honours African American freedom and emphasizes education and achievement.	Awareness Days

TBD=to be determined

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Diversity and Inclusion Calendar 2024

June 20	World Kidney Cancer Day	A day to raise awareness for this little-known type of cancer, the psychological impacts of diagnosis and strategies to reduce risk factors.	Awareness Days
June 20	World Refugee Day	World Refugee Day, an international observance observed June 20 each year, is dedicated to raising awareness of the situation of refugees throughout the world.	Awareness Days
June 21	June Solstice	The June solstice is the summer solstice in the Northern Hemisphere and the winter solstice in the Southern Hemisphere.	Cultural Celebrations
June 21	National Indigenous Peoples Day	National Indigenous Peoples Day celebrates the unique heritage, diverse cultures, and outstanding achievements of the nation's Indigenous peoples.	Cultural Celebrations
June 24	Fête nationale du Québec	Fête nationale du Québec (formerly known as Saint Jean Baptiste Day) is held annually on June 24, is the feast day of St. John the Baptist, a Jewish preacher who baptized Jesus in the River Jordan.	Cultural Celebrations
June 26	International Day Against Drug Abuse and Illicit Trafficking	A day to demonstrate the determination to strengthen action and cooperation to achieve the goal of an international society free of drug abuse.	Awareness Days
June 26	National Cancer Wellness Awareness Day	A day to join the movement to promote more accessible Cancer Wellness Programs to Canadians and improve all the challenges that come with a cancer diagnosis.	Awareness Days
June 27	Canadian Multiculturalism Day	A day to discover and celebrate the various cultures that bring Canadian society to life by participating in the virtual activities happening across the country.	Cultural Celebrations
June 27	PTSD Awareness Day	A day to raise awareness about Post Traumatic Stress Disorder, which is a type of anxiety disorder that can appear following a traumatic event in one's life.	Awareness Days

TBD=to be determined

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JULY

Date(s)	Name	Description	Category
All Month	Tibetan Heritage Month	This month celebrates Tibetan-Canadian people: their contributions to Canadian society, and their vibrant culture.	Cultural Celebrations
July 1	Canada Day	A day that celebrates when Canada became a self-governing dominion of Great Britain and a federation of four provinces.	Cultural Celebrations
July 1	Chinese People’s Railroad Day	A day to remember the over 17,000 Chinese men who built Canada’s national railway—4000 of whom lost their lives in the process due to unsafe working conditions, landslides, and premature blastings.	Cultural Celebrations
July 5	National Injury Prevention Day	A day in Canada to raise awareness about the devastating effects of predictable and preventable injuries.	Awareness Days
TBD	Muharram/Islamic New Year	A time for many Muslims in countries such as Canada to observe the start of the Islamic New Year on the first day of Muharram. It will begin in the evening of the first day and ends in the evening of the second day.	Religious and Spiritual
July 9-10	Nunavut Day	Nunavut Day commemorates the passing of two Nunavut acts, the Nunavut Land Claims Agreement Act and the Nunavut Act.	Cultural Celebrations

TBD=to be determined

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Diversity and Inclusion Calendar 2024

July 9	Martyrdom of the Báb	Bahá'ís commemorate this holy day which is in recognition of Martyrdom of the Báb who was executed in 1850.	Religious and Spiritual
July 11	World Population Day	A day that seeks to raise awareness of global population issues.	Awareness Days
July 11	Imamat Day	Celebrated by Ismaili Muslims all over Canada, this day is the anniversary of His Highness Prince Karim Aga Khan IV as the 49th hereditary Imam of Shia Ismaili Muslims.	Religious and Spiritual
July 14	International Non-Binary People's Day	An occasion to shine a light on those who identify as non-binary and celebrates the rich diversity of the community.	Awareness Days
July 14-20	National Drowning Prevention Week	A week in July dedicated to focusing community and media attention on the drowning problem and drowning prevention.	Awareness Days
July 15	World Youth Skills Day	A day focused to celebrate the strategic importance of equipping young people with skills for employment, decent work and entrepreneurship.	Awareness Days
July 17	Glioblastoma Awareness Day	A day to honor and take action to help individuals currently facing glioblastoma.	Awareness Days
July 18	Nelson Mandela International Day/ Mandela Day	Mandela Day is an occasion for all to take action and inspire change by making a difference in their own community.	Awareness Days
July 20	Parks Day	An annual event designed to highlight the role that parks play in maintaining healthy ecosystems and contributing to human well-being.	Awareness Days

TBD=to be determined

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Diversity and Inclusion Calendar 2024

July 21	Asalha Puja (Dharma Day)	A Buddhist festival which pays homage to the Buddha and commemorates the Buddha's first sermon and the founding of the Buddha's Sangha - four noble truths.	Religious and Spiritual
July 24	International Self-Care Day	A day that provides a focus and opportunity to raise the profile of healthy lifestyle self-care programs around the world.	Awareness Days
July 28	World Hepatitis Day	A day to encourage countries to continue to translate their commitments into increased services to eliminate hepatitis.	Awareness Days
July 30	World Day Against Trafficking in Persons	A day to raise awareness about the dangers of human trafficking and understand the sadness of those who are trafficked.	Awareness Days
July 30	International Day of Friendship	A day to celebrate friendship between peoples, countries, cultures and individuals that could inspire peace efforts and build bridges between communities.	Awareness Days

AUGUST

Date(s)	Name	Description	Category
All Month	Gastroparesis Awareness Month	A day that aims to focus attention on important health messages about gastroparesis diagnosis, treatment, and quality of life issues.	Awareness Days
August 1	Emancipation Day	A day that commemorates the abolishment of the Slavery Act and recognizes the heritage of Ontario's Black community.	Cultural Celebrations
August 1-7	World Breastfeeding	An event that aims to protect, promote and support breastfeeding around the world.	Awareness Days

TBD=to be determined

Visit our online calendar to learn more about these dates at clri-ltc.ca/diversitycalendar

Diversity and Inclusion Calendar 2024

	Week		
August 5	Civic/Provincial Day	The first Monday of August is celebrated by people in many parts of Canada and is a statutory holiday in some provinces and territories.	Cultural Celebrations
August 9	International Day of the World's Indigenous People	A day to raise awareness of the needs of Indigenous peoples and commemorate their traditional knowledge, voices and wisdom.	Cultural Celebrations
August 12	International Youth Day	An opportunity to celebrate and mainstream young peoples' voices, actions and initiatives, as well as their meaningful, universal and equitable engagement.	Cultural Celebrations
August 12-13	Tisha B'Av	A Jewish day to remember various events such as the destruction of the First Temple and Second Temple in Jerusalem. It begins at sundown on the first day and ends at nightfall on the second day.	Religious and Spiritual
August 13-15	Obon	Obon or Bon is the Japanese festival celebrated to honor the dead and spirits of their ancestors.	Religious and Spiritual
August 15	Assumption of Mary	The Feast of the Assumption of Mary celebrates the Christian belief that God assumed the Virgin Mary into heaven after her death.	Religious and Spiritual
August 15	National Acadian Day	Highlights the contribution of Acadians to the Canadian cultural fabric, recognizing their historical presence on the land, and celebrating their cultural diversity.	Cultural Celebrations
August 17	Marcus Garvey Day	Marcus Garvey, a Jamaican-born Black nationalist and leader of the Pan-Africanism movement, sought to unify and connect people of African descent globally.	Awareness Days
August 18-19	Tu B'Av	Tu B'Av is a minor Jewish holiday and is celebrated as a holiday of love. It begins at sundown on the first day and ends at nightfall on the second day.	Religious and Spiritual

TBD=to be determined

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Diversity and Inclusion Calendar 2024

August 19	Raksha Bandhan	A Hindu festival that celebrates brother and sister relationships.	Religious and Spiritual
August 19	World Humanitarian Day	A day where the world commemorates humanitarian workers killed and injured in the course of their work, and to honour all aid and health workers around the world.	Cultural Celebrations
August 23	International Day for the Remembrance of the Slave Trade and its Abolition	A day intended to inscribe the tragedy of the slave trade in the memory of all peoples. It offers an opportunity to consider the historic causes and consequences.	Awareness Days
August 26	Krishna Janmashtami	Janmashtami is a traditional Hindu holiday that celebrates the first earthly appearance, or the birth, of the god Krishna.	Cultural Celebrations
August 31	International Overdose Awareness Day	A global event that aims to raise awareness of overdose and reduce the stigma of drug-related death.	Awareness Days

SEPTEMBER

Date(s)	Name	Description	Category
All Month	Acne Awareness Month	A month to raise awareness about acne, a common skin condition affecting 5 million Canadians.	Awareness Days
All Month	Arthritis Month	A day to raise awareness and promote the prevention of arthritis which is Canada's most chronic health condition and affects six million Canadians.	Awareness Days
All Month	Big Brothers Big Sisters Month	A month that recognizes the critical importance of mentoring relationships.	Awareness Days

TBD=to be determined

Visit our online calendar to learn more about these dates at clri-ltc.ca/diversitycalendar

Diversity and Inclusion Calendar 2024

All Month	Blood Cancer Awareness Month	A focused time to raise awareness about our efforts to fight blood cancers including leukemia, lymphoma, myeloma and Hodgkin's disease.	Awareness Days
All Month	Childhood Cancer Awareness Month	A month to raise awareness about the implications of childhood cancer which impacts almost 950 Canadian children each year.	Awareness Days
All Month	Craniofacial Awareness Month	A month to promote and enhance the emotional and mental well-being of individuals with facial differences.	Awareness Days
All Month	Duchenne Awareness Month	A month to help raise awareness and funds for Duchenne muscular dystrophy which is the most common fatal genetic disease diagnosed in childhood.	Awareness Days
All Month	Hunger Action Month	A month working towards making the dream of a hunger-free Ontario a reality by educating individuals about the reality of food insecurity in our province.	Awareness Days
All Month	Men's Cancer Health Awareness Month	A month where we call on all men to protect their health by being proactive and aware about the risks of cancer.	Awareness Days
All Month	Muscular Dystrophy Month	A month to raise awareness about Muscular Dystrophy which is a group of diseases that weaken the muscles of the body.	Awareness Days
All Month	Ovarian Cancer Awareness Month	A month to help raise awareness about Canada's most fatal women's cancer and promote the colour teal which is the international colour for ovarian cancer.	Awareness Days
All Month	Polycystic Ovarian Syndrome (PCOS) Awareness Month	A month to provide educational and support services to help people understand what the disorder is and how it can be treated.	Awareness Days

TBD=to be determined

Visit our online calendar to learn more about these dates at clri-ltc.ca/diversitycalendar

Diversity and Inclusion Calendar 2024

All Month	Prostate Cancer Awareness Month	A month observed by health experts, health advocates, and individuals concerned with men's prostate health and prostate cancer.	Awareness Days
All Month	Recovery Month	A month to share positive stories and spread the message that people recover, treatment works and stigma needs to be challenged.	Awareness Days
All Month	Thyroid Cancer Awareness Month	A month to raise awareness and promote self-checks for Thyroid Cancer which, if caught early, can be treated.	Awareness Days
All Month	World Alzheimer's Month	A month to raise awareness around the issues that affect people living with dementia, such as stigmatisation, misinformation and more.	Awareness Days
September 2	Labour Day	An event celebrated on the first Monday of September that originally gave workers the chance to campaign for better working conditions or pay.	Cultural Celebrations
September 4	Polycystic Kidney Disease (PKD) Awareness Day	A day dedicated to fighting against polycystic kidney disease (PKD) through research programs, education and awareness.	Awareness Days
September 7	Still's Disease Awareness Day	A day to increase awareness and education about Still's, improve disease management, and help patients explain their disease to others.	Awareness Days
September 7	World Duchenne Day	This international day is dedicated to raise awareness about Duchenne and Becker muscular dystrophy (DMD & BMD).	Awareness Days
September 7	Ukrainian Heritage Day	A day to recognize and celebrate the contributions that Ukrainian Canadians have made towards the development of Ontario.	Cultural Celebrations

TBD=to be determined

Visit our online calendar to learn more about these dates at clri-ltc.ca/diversitycalendar

Diversity and Inclusion Calendar 2024

September 8	National Grandparents' Day	This day recognizes the importance of grandparents to the structure of every family and in the nurturing, upbringing and education of children.	Awareness Days
September 9	International Fetal Alcohol Spectrum Disorder Awareness Day	A day to raise awareness around Fetal Alcohol Spectrum Disorder which is a lifelong disability that affects the brain and body in 4 percent of Canadians.	Awareness Days
September 10	World Suicide Prevention Day	An opportunity for people across the globe to raise awareness of suicide and suicide prevention.	Awareness Days
TBD	Housekeeper Appreciation Week	A week to recognize housekeeping front line staff and management staff for their contributions as an integral part of the healthcare team, dedicated to providing a clean, safe, and healthful environment for patients, residents, staff, and visitors.	Awareness Days
September 11	National Day of Service	A day with the mission to celebrate and promote the strength, kindness, and generosity Canadians have demonstrated in the face of hardship.	Awareness Days
September 11	Ethiopian New Year/Enkutatash Holiday	Enkutatash is the name for the Ethiopian New Year and means “gift of jewels” in the Amharic language.	Religious and Spiritual
TBD	Residents' Council Week	Residents' Councils bring LTC home residents together as peers, to discuss issues of importance, stay connected and engaged in home operations and decision-making.	Awareness Days
September 14	World First Aid Day	An annual campaign to promote the importance of first aid training in preventing injuries and saving lives.	Awareness Days
September 15	Worldwide Lymphoma Awareness Day	A day dedicated to raising public awareness of lymphoma cancer in terms of symptom recognition, early diagnosis, and treatment.	Awareness Days

TBD=to be determined

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Diversity and Inclusion Calendar 2024

September 16	International Day for the Preservation of the Ozone Layer	A day to raise awareness for the preservation of the earth's ozone layer.	Awareness Days
TBD	Bisexual Awareness Week	A week dedicated to accelerating the acceptance of bisexual experiences, while also celebrating the resiliency of the bisexual community.	Awareness Days
TBD	Terry Fox Run	The Terry Fox Run is an annual non-competitive charity event held in commemoration of Canadian cancer activist Terry Fox to raise money for cancer research.	Awareness Days
September 17	Military Family Appreciation Day	A nationally recognized day to honour Canadian Military Families. It is a time to acknowledge and honour those who stand beside those in uniform.	Awareness Days
September 17-18	Mid-Autumn Festival	A traditional festival celebrated by many East and Southeast Asian friends and family to gather together, offer thanks to the fall harvest, and pray for longevity and good fortune.	Awareness Days
TBD	Global Mitochondrial Disease Awareness Week	A week that raises awareness of mitochondrial disease through educational, fundraising and advocacy activities.	Awareness Days
September 21	World Alzheimer's Day	A day where Alzheimer's organizations around the world concentrate their efforts on raising awareness about Alzheimer's and dementia.	Awareness Days
September 21	International Day of Peace	A day devoted to strengthening the ideals of peace, through observing 24 hours of non-violence and cease-fire.	Awareness Days
September 21	World Gratitude Day	A day aimed to remind us of the importance of expressing gestures of thanks and appreciation.	Awareness Days

TBD=to be determined

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Diversity and Inclusion Calendar 2024

September 22	CML Awareness Day	A day to spread the word and show your support for patients and caregivers as they tell their stories about living with CML (Chronic myelogenous leukemia).	Awareness Days
September 22	September Equinox	An occurrence when the Sun shines directly on the Equator and the length of day and night is nearly equal.	Awareness Days
September 23	Celebrate Bisexuality Day	A day to celebrate the bisexual community and to highlight biphobia as well as recognizing the ongoing challenges and biphobia that the community faces.	Cultural Celebrations
September 23	International Day of Sign Languages	This day offers a unique opportunity to support and protect the linguistic identity and cultural diversity of all deaf people and other sign language users.	Awareness Days
September 24-30	International Week of Deaf People	A week to recognise that deaf people have their own communities, their own cultures, their own languages, sign languages, which unite us all.	Awareness Days
September 25	Franco-Ontarian Day	A day that recognizes the contributions of the Francophone community of Ontario to the social, economic and political life of the province.	Cultural Celebrations
TBD	Police and Peace Officers National Memorial Day	An opportunity to formally express appreciation for the dedication of police and peace officers, who keep our communities safe.	Awareness Days
TBD	Milad un Nabi (Mawlid)	A day in which many Muslims in Canada celebrate the Prophet Muhammad's birth and life or mourn his death on Eid Milad ul-Nabi.	Religious and Spiritual
September 30	Orange Shirt Day	A day to recognize and raise awareness about the history and legacies of the residential school system in Canada.	Awareness Days

TBD=to be determined

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Diversity and Inclusion Calendar 2024

September 30	National Day for Truth and Reconciliation	A national day to explore the rich and diverse cultures, voices, experiences and stories of the First Nations, Inuit, and Métis peoples and ensure public commemoration of the tragic and painful history and legacy of residential schools remains a vital component of the reconciliation process.	Awareness Days
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OCTOBER

Date(s)	Name	Description	Category
All Month	Breast Cancer Awareness Month	An international health campaign to increase awareness of the disease and to raise funds for research into its cause, prevention, diagnosis, treatment and cure.	Awareness Days
All Month	Caribbean Heritage Month	A month dedicated to recognizing the contributions of Caribbean-Canadians to Ontario's social, economic, political and cultural fabric.	Cultural Celebrations
All Month	Community Support Month	An opportunity to celebrate and raise awareness about the value of community support services which assist many Canadians including seniors and people with disabilities.	Awareness Days
All Month	Healthy Workplace Month	An event that celebrates organizations that prioritize a thriving, healthy and safe workplace environment.	Awareness Days
All Month	Hispanic Heritage Month	A month to recognize the rich contributions of Hispanic-Canadians to Ontario's social, economic, political and multicultural fabric.	Cultural Celebrations
All Month	Islamic Heritage Month	A month dedicated to recognizing the contributions that Muslims have made to all aspects of Ontario's prosperity and diverse heritage for generations.	Religious and Spiritual

TBD=to be determined

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Diversity and Inclusion Calendar 2024

All Month	Learning Disabilities Awareness Month	A month to encourage people to pay special attention to children and adults with learning disabilities.	Awareness Days
All Month	LGBTQ History Month	LGBT History Month celebrates the achievements of lesbian, gay, bisexual or transgender Icons.	Awareness Days
All Month	Occupational Therapy Month	An annual opportunity for occupational therapists to both celebrate and promote their profession.	Awareness Days
All Month	Rett Syndrome Awareness Month	A month for awareness, advocacy, and education about Rett Syndrome - a rare neurodevelopmental condition characterized by the loss of spoken language and hand use, coupled with the development of distinctive hand stereotypies.	Awareness Days
All Month	Sudden Infant Death Syndrome (SIDS) Awareness Month	A month to raise awareness about SIDS and encourage a safe sleep environment that can help reduce the risk of infant death.	Awareness Days
All Month	Women's History Month	A month to celebrate the contributions of women and the important milestones in women's rights in Canadian history.	Awareness Days
October 1	International Day for Older Persons	A day recognizing the many ways in which older people contribute to their families and communities and working towards prioritizing their healthcare needs.	Awareness Days
TBD	Human Papillomavirus (HPV) Prevention Week	A week designed to bring Canadians together to increase awareness of the infection that is estimated to affect more than 75% of sexually active men and women.	Awareness Days
TBD	Canadian Malnutrition Awareness Week	A week to educate healthcare professionals to identify and treat malnutrition earlier and to increase awareness of nutrition's role in patient recovery.	Awareness Days

TBD=to be determined

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Diversity and Inclusion Calendar 2024

October 1-7	Mental Illness Awareness Week	A national public education campaign designed to help open the eyes of Canadians to the reality of mental illness.	Awareness Days
October 2	International Day of Non-Violence	The International Day of Non-Violence is observed on 2 October, the birthday of Mahatma Gandhi, leader of the Indian independence movement and pioneer of the philosophy and strategy of non-violence.	Awareness Days
October 2-4	Rosh Hashana	Many Jewish Canadians celebrate Rosh Hashana (or Rosh Hashanah), which begins at sundown on the first day and ends at nightfall on the last day, and is also known as the Jewish New Year.	Cultural Celebrations
TBD	Community Health and Wellbeing Week	A week that provides an opportunity to highlight and celebrate the great work that Alliance members do to achieve the best possible health and wellbeing for everyone living in Ontario.	Awareness Days
October 3-11	Navaratri (Durga Puja)	A major Hindu festival held in honour of the divine feminine. For many people it is a time of religious reflection and fasting; for others it is a time for dancing and feasting.	Religious and Spiritual
October 4	World Habitat Day	A day to reflect on the state of our towns and cities, and on the basic right of all to adequate shelter.	Awareness Days
October 4	National Day of Action for Missing and Murdered Indigenous Women and Girls	A day where community members honour the lives and legacies of the victims and survivors impacted by this tragic and on-going violence. A day for reflection and also for action.	Awareness Days
October 4	Feast of St Francis of Assisi	A feast that commemorates the life of St Francis, who was born in the 12th century and is the Catholic Church's patron saint of animals and the environment.	Religious and Spiritual
October 4-10	World Space Week	A week to internationally celebrate the contributions of space science and technology to the betterment of the human condition.	Awareness Days

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Diversity and Inclusion Calendar 2024

October 5	Tzom Gedaliah (Fast of Gedalia)	A Jewish fast day from dawn until dusk to lament the assassination of Gedaliah, the righteous governor of Judah.	Cultural Celebrations
October 5	World Meningitis Day	A day to call on individuals to help us prevent, reduce and limit the impact of meningitis.	Awareness Days
October 5	World Teachers' Day	World Teachers' Day is held annually on October 5 to celebrate the vital role teachers play globally.	Awareness Days
October 6	World Cerebral Palsy Day	A day that acts as a movement of people with Cerebral Palsy and their families, and the organizations that support them, fighting for equal opportunities.	Awareness Days
October 6-8	Shemini Atzeret	A Jewish holiday dedicated to the love of God that many Jewish communities celebrate. Begins at sundown the first day and ends at nightfall the second day.	Religious and Spiritual
October 7	Ageism Awareness Day	Ageism Awareness Day is a day dedicated to raising awareness about age discrimination and promoting equality for people of all ages. It's important to celebrate this day because it challenges stereotypes and promotes inclusivity.	Awareness Days
October 7-14	National Family Week	A week where Canadians come together for local festivities that celebrate the importance of family.	Awareness Days
October 8	International Lesbian Day	An international day that showcases women-loving-women, providing a platform for lesbian role models to speak out on relevant issues.	Awareness Days
October 10	World Mental Health Day	A day with the overall objective of raising awareness of mental health issues around the world and mobilizing efforts in support of mental health.	Awareness Days
October 10	World Sight Day	Raising awareness and taking action to support the more than a billion individuals globally who do not have access to glasses and as a result are unable to see.	Awareness Days

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Diversity and Inclusion Calendar 2024

October 11	National Coming Out Day	A day to celebrate the LGBTQI+ members of our communities, and bring awareness to this sometimes scary, stressful, but important time for LGBTQI+ people.	Awareness Days
October 11-12	Yom Kippur	Yom Kippur is a Jewish holiday known as the Day of Atonement. Many Canadians of Jewish faith in Canada spend the day fasting and praying and the day begins at sundown on the first day and ends at nightfall on the second day.	Religious and Spiritual
October 12	World Arthritis Day	A global initiative bringing people together to raise awareness of rheumatic and musculoskeletal diseases (RMDs).	Awareness Days
October 12	World Hospice and Palliative Care Day	A unified day of action to celebrate and support hospice and palliative care around the world.	Awareness Days
October 12	Dussehra	Dussehra is a Hindu festival celebrating the victory of good over evil. Many people of the Hindu faith observe through special prayers and food offerings to the gods.	Cultural Celebrations
October 14	Thanksgiving Day	An event that takes place on the second Monday of October and acts as a chance for people to give thanks for a good harvest and other fortunes in the past year.	Cultural Celebrations
October 15	Pregnancy and Infant Loss Remembrance Day	A day to honour the significance of the babies who died too early, and show support for the families impacted.	Awareness Days
October 15	Pharmacy Technician Day	A day to recognize the efforts of Pharmacy Technicians and the contributions they make towards the safety and well-being of the people they look after.	Awareness Days
October 16	International Pronouns Day	A day that seeks to make respecting, sharing, and educating about personal pronouns commonplace.	Awareness Days
October 16	World Spine Day	World Spine Day highlights the burden of spinal pain and disability around the world.	Awareness Days

TBD=to be determined

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Diversity and Inclusion Calendar 2024

October 16-22	Spiritual & Religious Care Awareness Week	A week dedicated towards providing research, education & advocacy on spiritual and religious diversity.	Religious and Spiritual
October 16- 23	Sukkot	A Jewish event also known as the Feast of Tabernacles, that lasts for about seven days and takes place in the first month of the year in the Jewish calendar. It begins at sundown on the first day and ends at nightfall on the last day.	Religious and Spiritual
October 17	International Day for the Eradication of Poverty	A day to recognize that millions of people are living in extreme poverty, which can be defined as a lack of both income and the basic capabilities to live in dignity.	Awareness Days
October 18	Persons Day	This event marks the day in 1929 when the historic decision to include women in the legal definition of “persons” was handed down by Canada’s highest court of appeal.	Awareness Days
TBD	YWCA Week Without Violence	A week-long series of community events that promote diverse approaches to creating a violence-free world.	Awareness Days
October 19	National Psoriatic Arthritis Day	A day to raise awareness about Psoriatic Arthritis which is a type of inflammatory arthritis that affects both women and men.	Awareness Days
October 19- 20	Karva Chauth	Karva Chauth is an annual one-day festival that honours the Hindu god Shiva and goddess Parvati.	Religious and Spiritual
October 20-26	Ace Week	Ace Week (founded as Asexual Awareness Week in 2010) is an annual event that puts asexuality in the spotlight.	Awareness Days
October 22	International Stuttering Awareness Day	The day is intended to raise public awareness of the issues faced by millions of people – one percent of the world's population – who stutter, or stammer.	Awareness Days

TBD=to be determined

Visit our online calendar to learn more about these dates at clri-ltc.ca/diversitycalendar

Diversity and Inclusion Calendar 2024

October 24	Brain Cancer Awareness Day	A day dedicated to making people aware of the devastation of brain cancer, but also letting everyone know that there is hope!	Awareness Days
October 24	United Nations Day	A day that emphasizes the urgency for all countries to come together, to fulfil the promise of the United Nations.	Cultural Celebrations
Oct 23-24	Simchat Torah	Many Jewish communities in Canada celebrate Shemini Atzeret (or Shmini Atzeret) and Simchat Torah. They mark the end of the Sukkot (or Sukkoth) festival. It begins at sundown on the first day and ends at nightfall on the second day.	Religious and Spiritual
October 26	Intersex Awareness Day	Intersex Awareness Day is an internationally observed event designed to highlight human rights issues faced by intersex people.	Awareness Days
October 27	Dress Purple Day	A provincial event to raise awareness about the important role that individuals and communities play in supporting vulnerable children, youth, and families.	Awareness Days
October 27	World Occupational Therapy Day	An opportunity to heighten the visibility of the profession's development work and to promote the activities of World Federation of Occupational Therapists.	Awareness Days
October 28	Govatsa Dwadashi	A Hindu cultural and religious festival which marks the beginning of Diwali celebrations, which symbolizes victory of light over darkness, in some parts of India.	Cultural Celebrations
October 29	Dhanteras	Dhanteras, also known as 'Dhanatrayodash' is a festival celebrated in India. People buy utensils and jewelry on this day to bring good luck.	Cultural Celebrations
TBD	Canadian Intensive Care Week	A week to reflect on practice, promote the work being done, promote the workplace and celebrate the teams working in Intensive Care.	Awareness Days

TBD=to be determined

Visit our online calendar to learn more about these dates at clri-ltc.ca/diversitycalendar

Diversity and Inclusion Calendar 2024

TBD	Asexual Awareness Week	A week to raise awareness and promote education about asexuality which is a sexual orientation that refers to a person who experiences little or no sexual attraction.	Awareness Days
TBD	Canadian Down Syndrome Awareness Week	A week dedicated to celebrating the great support efforts of Canadians and to empower individuals with Down syndrome and their families.	Awareness Days
TBD	Canadian Patient Safety Week	An annual campaign striving to inspire extraordinary improvement in patient safety and quality.	Awareness Days
TBD	Media Literacy Week	An annual event promoting digital and media literacy across Canada.	Awareness Days
TBD	International Brain Tumour Awareness Week	A week that encourages activities that draw attention to the particular challenges of a brain tumour and the need for an increased research effort.	Awareness Days
October 31	Halloween	A day to mark the night when, according to old Celtic beliefs, spirits and the dead can cross over into the world of the living and where children may trick-or-treat in their neighborhood.	Cultural Celebrations
October 31- November 4	Diwali/Deepavali	Diwali is a festival of lights and one of the major festivals celebrated by Hindus, Jains and Sikhs.	Cultural Celebrations

NOVEMBER

Date(s)	Name	Description	Category
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TBD=to be determined

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Diversity and Inclusion Calendar 2024

All Month	Albanian Heritage Month	A month where people of Albanian origin celebrate the Albanian Declaration of Independence, which declared Albania an independent sovereign nation on November 28th, 1912.	Cultural Celebrations
All Month	Arts & Health Month	A month to promote the integration of the arts – including literary, performing, and visual arts and design – into a variety of healthcare and community settings.	Awareness Days
All Month	Crohn's and Colitis Awareness Month	A month to raise awareness about Crohn's and Colitis, debilitating and lifelong diseases caused by an abnormal response from the body's immune system.	Awareness Days
All Month	Diabetes Awareness Month	A month when communities across the country team up to bring awareness to diabetes and urge action to tackle the diabetes epidemic.	Awareness Days
All Month	Fall Prevention Month	A month for organizations to coordinate their efforts for a larger impact by planning initiatives and sharing evidence-based information on fall prevention.	Awareness Days
All Month	Hindu Heritage Month	A month to recognize that Hindu Canadians have helped build Ontario into the multicultural success story that it is and acknowledge the significant contributions they have made.	Cultural Celebrations
All Month	Incontinence Awareness Month	A month shedding light on the fact that as many as 3.3 million Canadians manage incontinence daily and reminding individuals that they are not alone.	Awareness Days
All Month	Lung Cancer Awareness Month	A month to recognize and raise awareness of the challenges that come from a diagnosis of lung cancer.	Awareness Days
All Month	Movember	A month dedicated to raising money, making a difference in mental health & suicide prevention, prostate cancer and testicular cancer.	Awareness Days

TBD=to be determined

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Diversity and Inclusion Calendar 2024

All Month	National Domestic Violence Awareness Month	A month to take action and raise awareness about domestic violence which is a form of gender-based violence.	Awareness Days
All Month	Osteoporosis Month	A month to raise awareness about ways to positively impact our bone health and prevent the deterioration of bone tissue – also known as osteoporosis.	Awareness Days
All Month	Pancreatic Cancer Awareness Month	A month to share life-saving knowledge and stand up as a community to demand better for pancreatic cancer patients and their loved ones.	Awareness Days
All Month	Pulmonary Hypertension Awareness Month	A month dedicated to raising awareness of the condition and the need for earlier diagnosis, more effective and accessible treatments, and a cure.	Awareness Days
All Month	Woman Abuse Prevention Month	A month where organizations across Canada come together to highlight the need for community-based support to end violence against women.	Awareness Days
November 1	All Saints' Day	All Saints' Day is a celebration of all Christian saints, particularly those who have no special feast days of their own, in many Roman Catholic, Anglican and Protestant churches.	Religious and Spiritual
November 1	World Compassionate Communities Day	A day that aims to mobilize and connect people through local compassionate actions related to dying, death, caregiving and grief.	Awareness Days
November 2	Govardhan Puja	A Hindu festival that is celebrated on the first lunar day of the bright fortnight of the month of Kartika, on the fourth day of Diwali. Devotees worship Govardhan Hill and prepare and offer a large variety of vegetarian food to Krishna as a mark of gratitude.	Cultural Celebrations
November 2	All Souls' Day	A Christian day of almsgiving and prayers for the dead and the intent is for the living to assist those in purgatory.	Religious and Spiritual

TBD=to be determined

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Diversity and Inclusion Calendar 2024

November 2	Twin Holy Birthdays: Birth of the Bab		
November 3	Twin Holy Birthdays: Birth of the Bahá'u'lláh		
November 3	Daylight Saving Time ends	A day where sunrise and sunset will be about 1 hour earlier than the day before, allowing for more light in the morning.	Awareness Days
November 3	Trans Parent Day	A day to celebrate and honour transgender parents instead of the traditional Mother's or Father's Day, as well to recognize parents with transgender children.	Awareness Days
November 4-8	Treaties Recognition Week	This annual event honours the importance of treaties and helps students and residents of Ontario learn more about treaty rights and relationships.	Awareness Days
November 5	International Volunteer Manager Appreciation Day	A day to bring recognition to individual Managers of Volunteers and their roles in the mobilization and support of the world's volunteers.	Awareness Days
TBD	Veterans' Week	A week-long opportunity for Canadians to honour the extraordinary efforts and sacrifices of our veterans.	Cultural Celebrations
November 6-12	National Seniors' Safety Week	This awareness campaign promotes awareness around keeping mature Canadians healthy, independent and safe.	Awareness Days
TBD	Medical Radiation Technologists Awareness Week	A week to celebrate the essential role that medical radiation technologists (MRTs) play in the healthcare system to deliver professional imaging and radiation-related treatment services with a caring touch.	Awareness Days
TBD	National Pain Awareness Week	A day to raise awareness, reduce stigma, and spark action to address chronic pain.	Awareness Days

TBD=to be determined

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Diversity and Inclusion Calendar 2024

November 8	Indigenous Veterans Day	A day dedicated to recognizing Indigenous participation in Canada's military efforts over the years and being aware of the many challenges they had to overcome.	Cultural Celebrations
November 8	Intersex Day of Remembrance/Intersex Solidarity Day	Intersex Day of Remembrance calls for society to stand up against issues intersex people are going through.	Awareness Days
November 11	Remembrance Day	A day where Canadians honour and remember the people who have served, and continue to serve, Canada during times of war, conflict and peace.	Cultural Celebrations
November 12	World Pneumonia Day	A day to raise awareness about pneumonia, promote interventions to protect against, prevent and treat pneumonia; and generate action to combat pneumonia.	Awareness Days
November 12-18	Transgender Awareness Week	A week-long recognition to help raise the visibility of transgender people and address issues members of the community face.	Awareness Days
November 12-18	Nurse Practitioner's Week	To celebrate NPs and raise awareness of the exceptional care they provide to communities across Ontario.	Awareness Days
TBD	Digital Health Week	An annual recognition of how digital health is transforming the delivery of care across Canada as more and more of our health care system becomes digital.	Awareness Days
November 14	World Diabetes Day	A day to promote the development of national policies for the prevention, treatment and care of diabetes.	Awareness Days
November 15	National Philanthropy Day	A day set aside to recognize and pay tribute to the great contributions that philanthropy has made in our lives, our communities and our world.	Awareness Days
November 15-December 24	Nativity Fast	During the Nativity Fast the Church encourages followers to ready their souls and bodies for the Feast through fasting, prayer, alms-giving, confession and increased attention given to "preparing for His coming".	Religious and Spiritual

TBD=to be determined

Visit our online calendar to learn more about these dates at clri-ltc.ca/diversitycalendar

Diversity and Inclusion Calendar 2024

November 16	International Day of Tolerance	An annual observance day declared by UNESCO in 1995 to generate public awareness of the dangers of intolerance.	Awareness Days
TBD	World Wide Pressure Injury Prevention Day	A day to increase awareness about pressure injury prevention and to educate the public on this topic.	Awareness Days
November 17	World Prematurity Day	A day that is represented by the colour purple and sheds light on the 1 in 10 babies born prematurely worldwide.	Awareness Days
November 17	National Day of Remembrance for Road Crash Victims	A day set aside to remember people killed or seriously injured on Canadian roads, often in avoidable collisions, and those left to deal with the sudden and unexpected loss of those they love.	Awareness Days
November 17-23	Restorative Justice Week	A week dedicated to promoting Restorative Justice, which is a philosophy and an approach that views crime and conflict as harm done to people and relationships.	Awareness Days
TBD	Bullying Awareness and Prevention Week	A week dedicated to helping promote safe schools and a positive learning environment for all individuals.	Awareness Days
TBD	National Addiction Awareness Week	A week to present Canadians with strategies they can use to reassess the way they think about substance use disorders and people who use drugs.	Awareness Days
November 20	Transgender Day of Remembrance	A day that raises public awareness of hate crimes against transgender people and a chance to publicly mourn and honour the lives that were lost.	Awareness Days
November 20	National Child Day	A day to celebrate children as active participants in their own lives and in communities, as active citizens who can and should meaningfully contribute to decision-making.	Awareness Days

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Diversity and Inclusion Calendar 2024

November 21	World Pancreatic Cancer Day	A day dedicated to raising awareness across the globe about Pancreatic cancer, which is known as one of the world's deadliest cancers.	Awareness Days
TBD	National Bereavement Day	A day that encourages Canadians to engage in dialogue to identify and support access to the necessary resources for those living with grief and bereavement.	Awareness Days
November 22	Lhabab Düchen	Lhabab Düchen celebrates the anniversary of Buddha Shakyamuni's descent from heaven after repaying the kindness of his mother by liberating her from Samsara and teaching Dharma to the gods.	Religious and Spiritual
November 24 - 25	Day of the Covenant	The Day of the Covenant is the day when Bahá'ís celebrate the appointment of 'Abdu'l-Bahá as the Centre of Baha'u'llah's Covenant.	Religious and Spiritual
November 25	International Day for the Elimination of Violence Against Women	A day to recognize that violence against women and girls is one of the most widespread, persistent and devastating human rights violations in our world today.	Awareness Days
November 25	Holodomor Memorial Day	A day of remembrance when we remember the millions of Ukrainians who were starved to death in Ukraine in 1932 and 1933, many of whom were children.	Awareness Day
November 26 - 27	Ascension of 'Abdu'l-Bahá	The Ascension of 'Abdu'l-Bahá is a holy day that commemorates the death of 'Abdu'l-Bahá.	Religious and Spiritual
November 29	International Buy Nothing Day	An international day of protest against consumerism and promotes individuals to not purchase any goods for the day.	Awareness Days
November 29	International Day of Solidarity with the Palestinian People	A day to renew our commitment to the Palestinian people in their quest to achieve their inalienable rights and build a future of peace, dignity, justice and security.	Awareness Days

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Diversity and Inclusion Calendar 2024

November 29-30	Sigd	An event that begins at sundown on the first day and ends at nightfall on the second day and is celebrated by the Ethiopian Jewish community. According to tradition it is also the date that God first revealed himself to Moses. It begins at sundown on the first day and ends at nightfall on the second day.	Religious and Spiritual
TBD	Stomach Cancer Awareness Day	A day aimed at raising awareness about stomach cancer anywhere in the world.	Awareness Days

DECEMBER

Date(s)	Name	Description	Category
December 1	World AIDS Day	An opportunity for people worldwide to unite in the fight against HIV, show their support for people living with HIV, and to commemorate those who have died.	Awareness Days
December 1-24	Advent	Advent is a season of the liturgical year observed in most Christian denominations as a time of waiting and preparation for the celebration of the Nativity of Christ.	Religious and Spiritual
December 2	International Day for the Abolition of Slavery	A day to recognize the existence of modern slavery and the fact that more than 40 million people worldwide are victims.	Awareness Days
December 3	Giving Tuesday	Giving Tuesday harnesses the potential of social media and the generosity of people around the world to bring about real change in their communities.	Awareness Days
December 3	International Day of Persons with Disabilities	A day that aims to promote the rights and well-being of persons with disabilities in all spheres of society and development.	Awareness Days

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Diversity and Inclusion Calendar 2024

December 5	International Volunteer Day	A unique chance for volunteers and organizations to celebrate their efforts, to share their values, and to promote their work among their communities.	Awareness Days
December 6	White Ribbon Day	White Ribbon is the world's largest movement of men and boys working to end violence against women and girls, promote gender equity, healthy relationships and a new vision of masculinity.	Awareness Days
December 6	National Day of Remembrance and Action on Violence Against Women	A day to commemorate this national tragedy and reflect on the fact that violence continues to be a daily reality for many women.	Awareness Days
December 8	Pansexual Pride Day	Pansexual Pride Day is the date dedicated to celebrating pansexuality which is the attraction to individuals regardless of their gender identity or sex.	Awareness Days
December 8	Feast of the Immaculate Conception	Many Christians, particularly Catholics, commemorate this day, in honour of the Immaculate Conception of the Virgin Mary.	Religious and Spiritual
December 8	Bodhi Day	One of the most significant days in Buddhist history and is generally observed quietly. Meditation or chanting practices may be extended.	Religious and Spiritual
December 10	Human Rights Day	A day celebrating the United Nations General Assembly adoption of the Universal Declaration of Human Rights (UDHR).	Awareness Days
December 11	Anniversary of the Statute of Westminster	A day to recognize the anniversary of the establishment of the Statute of Westminster.	Awareness Days
December 18	International Migrants Day	Throughout human history, migration has been a courageous expression of the individual's will to overcome adversity and to live a better life.	Awareness Days

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Diversity and Inclusion Calendar 2024

December 21 - January 1	Yule	The winter solstice is an ancient pagan holiday known for rituals and traditions that celebrate nature and setting one's intentions for the coming season.	Cultural Celebrations
December 21	December Solstice	The winter solstice in the Northern Hemisphere is when it is the darkest day of the year.	Awareness Days
December 21	Dongzhi	A Winter Solstice Festival celebrated in China. It's a traditional festival on the shortest day and longest night of the year.	Cultural Celebrations
December 24	Christmas Eve	Christmas Eve in Canada is the last day of preparations for the Christmas Day and Boxing Day holidays.	Religious and Spiritual
December 25	Christmas Day	Many Christians in Canada mark the birth of Jesus Christ on December 25, which is known as Christmas Day where many exchange gifts and enjoy festive meals.	Religious and Spiritual
December 25- Jan 2	Hanukkah	Hanukkah, also known as the Festival of Lights, is an eight-day Jewish observance to remember the Jewish people's struggle for religious freedom. It begins at sundown on the first day and ends at nightfall on the final day.	Religious and Spiritual
December 26	Boxing Day	Boxing Day is a holiday for many Canadians and it gives people the chance to take part in the post-Christmas sales or watch ice hockey games.	Cultural Celebrations
December 26- January 1	Kwanzaa	A day where celebrations often include songs and dances, African drums, storytelling, poetry reading, and a large traditional meal.	Cultural Celebrations
December 31	New Year's Eve	New Year's Eve is a day of reflection of the past year's events and a time to prepare for the New Year.	Cultural Celebrations

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