

BEHAVIOURAL SUPPORT ROUNDS

Thursday, August 17, 2023 | 2–3 PM EDT

PRESENTATION TITLE:

COVID-19 and Healthcare Provider Mental Health: A Review of the Evidence and Resources

PRESENTER:

**Sangita Singh, O.T. Reg. (Ont.) BSc OT (Hons.), MSc OT (Post-Professional) Clinical Research Coordinator |
McMaster University Psychiatry and Behavioural Neurosciences**

Sangita is a Registered Occupational Therapist and Knowledge Translation Specialist. She wears both hats for the Trauma & Recovery Research Unit, where she works as a Clinical Research Coordinator. Prior to joining the Unit, Sangita worked in various clinical and knowledge translation roles in the hospital, community, and long-term care sectors in the Greater Toronto Area for more than 20 years. Her clinical interests are in geriatric mental health, specifically non-pharmacological care and management of the behavioural and psychiatric symptoms of dementia. Her KT interests include adult learning, knowledge exchange and implementation.

Working in clinical settings as a KT Specialist has taught Sangita foundational lessons in understanding the contexts in which learning happens, creating safety for learning to happen, and appreciating the wisdom that adult learners bring to their learning experiences. She strives to incorporate these lessons in all her work.

LEARNING OBJECTIVES:

By the end of the presentation, participants will be able to:

1. Define the concept of moral injury.
2. Review current evidence on healthcare provider mental health and the impact of serving during the pandemic.
3. Explore evidence-based mental health resources to support healthcare providers and teams.

HOW TO PARTICIPATE:

- **Register in advance** [here](#). After registering, you will receive information about joining the webinar
- If you have any questions about these rounds or wish to be included on the distribution list, please contact Andrea Keddy at Akeddy@baycrest.org
- If you have Zoom Webinar questions, please contact Agnes Cheng Tsallis at achengtsallis@baycrest.org

HOW TO OBTAIN A CERTIFICATE OF ATTENDANCE:

After having attended, complete the evaluation survey and enter an email address to request your certificate.

These sessions are open to all healthcare professionals and students to provide a learning forum to review leading practices in assessing and managing personal expressions, as demonstrated by individuals who live with dementia.

These Rounds are co-sponsored by the Behavioural Support for Seniors Program, and the Ontario Centres for Learning, Research and Innovation in Long-Term Care at Baycrest

