

The background features abstract, overlapping green geometric shapes in various shades of lime and forest green, creating a modern, dynamic feel. The shapes are primarily located on the left and right sides of the page, framing the central text.

INTERGENERATIONAL PARTNERSHIP PROGRAM 2018

JOHN FRASER SECONDARY SCHOOL

&

THE VILLAGE OF ERIN MEADOWS

HEALTH AND WELLNESS CLASS 2018 and TEAM MEMBERS



PROGRAM GOALS

- ▶ Help de-stigmatize the perception of aging in Long Term Care Homes
- ▶ Exploring and becoming aware of career possibilities in Long Term Care environment

HOW DID WE GET STARTED?

- ▶ 2015 - John Fraser Secondary School extra-curricular project called **Bridge Ageism Now (BAN)**
- ▶ They approached the Director of Recreation to collaborate with the Village of Erin Meadows with this project
- ▶ It consisted of 12 students, 1 teacher connecting with 6 residents over a period of 5 weeks
- ▶ The program was so successful they ran it in 2016 and wanted to expand to now include the health and wellness program which is a Specialist High Skills Major (SHSM)

WHAT IS A SPECIALIST HIGH SKILLS MAJOR?

- ▶ It is the Ministry of Education 2 year specialist programs for senior students
- ▶ It is non credit except for the co-op portion in grade 12 that is worth 2 credits
- ▶ There are many SHSM programs that are available, for example; the arts, business, forestry, sport, construction, health and wellness and science
- ▶ The experiential section of the Health and Wellness SHSM allows students to explore career possibilities
 - ▶ It was our window of opportunity to be included in the school program

ARRIVAL AND ORIENTATION



WELCOME FROM THE GENERAL MANAGER



RESIDENT STORY TELLING



DAVID'S STORY

- ▶ 2014 - Arrive at the Village of Erin Meadows
- ▶ Shock and denial
- ▶ Opportunity to teach fellow residents; history, art, sport and nature
- ▶ This empowerment led to other meaningful activities for example: President of the Resident Council, Chair of the Village Advisory Team, Vice President of the Ontario Association of Resident Councils (OARC) and Facilitator of the Health and Wellness Program

ELDER WORDS OF WISDOM (BEK)

- ▶ Be positive
- ▶ Expect the unexpected
- ▶ Keep an open mind

DEMENTIA LECTURE



STUDENT ENGAGEMENT



KINESIOLOGY SESSION



EDUCATION

SMALL GROUP SESSION (PSW)



EDUCATION MUSICAL THERAPIST



EDUCATION RECREATIONAL THERAPIST



HOYA LIFT DEMONSTRATION



EDUCATION DIRECTOR OF NURSING CARE



EDUCATION

KINESIOLOGY CO-OP STUDENT



RESIDENT ENGAGEMENT



RESIDENT ENGAGEMENT BALLOON TENNIS



RESIDENT ENGAGEMENT PROFESSIONAL BOXER



RESIDENT ENGAGEMENT MAKING JAM



RESIDENT ENGAGEMENT HARRY EXERCISING



RESIDENT ENGAGEMENT

NADIA THE RUSSIAN ACROBAT



RESIDENT ENGAGEMENT MAKING APPLE PIE





CELEBRATION DAY FAREWELL MESSAGE





FINAL THOUGHTS



BIGGEST SURPRISE AT THE VILLAGE (QUESTION 1)

- ▶ “looks like a mini village”
- ▶ “Warm home feeling”
- ▶ “WELCOMING AMBIANCE”
- ▶ “lots of smiles”
- ▶ “Happy atmosphere”
- ▶ “it didn’t look like my idea of a long term care home..”
- ▶ “people were active and out of their rooms”

HIGHLIGHTS (QUESTION 2)

- ▶ Resident Engagement – Listening to the boxer; listening to the Russian acrobat and meeting Harry.
- ▶ The fitness room information from Sarah the kinesiologist and the hoya lift apparatus instruction from Moez
- ▶ Watching the residence making jam and apple pie from Larysa. - “It felt like a community in the kitchen”.

CAREER CHOICES (QUESTION 3)

- ▶ 23 students completed the 4 questions
- ▶ 5 of them said they were not interested in Long Term Care Careers
- ▶ 12 of them said they were interested in the following areas: Kinesiologist, Doctor for Seniors, Nurse Practitioner, Physiotherapist and Administration
- ▶ 6 said it was a possibility in the areas of Recreational Therapist, Oncologist for Seniors, Physiotherapist and Kinesiologist

THE PANEL (QUESTION 4)

questions included in pg. 3 handout



PROGRAM CERTIFICATES



CERTIFICATE OF COMPLETION

Esha Bhutkar

Has successfully participated in:

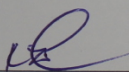
**HEALTH & WELLNESS SHSM
TRAINING IN A TECHNIQUE:**

LONG TERM CARE & UNDERSTANDING DEMENTIA

Awarded October 30, 2018

Training Performed by: Schlegel Village at Erin Meadows


H. Cranfield
SHSM Lead Teacher


T. Zamora
SHSM Lead Teacher



 **SPECIALIST
HIGH SKILLS
MAJOR**



STUDENT THANK YOU CARD



“Amazing experience you changed my life!”

