

JUNE 2026

Monthly Occasions

ALS Awareness Month
Brain Injury Awareness Month
Deaf-Blind Awareness Month
Filipino Heritage Month
International CDKL5 Awareness Month
Italian Heritage Month
National Indigenous History Month
Spina Bifida and Hydrocephalus Awareness Month
Portuguese Heritage Month
Post-Traumatic Stress Disorder Awareness Month
Pride Season
Recreation and Parks Month
Seniors Month
Stroke Month
Thyroid Awareness Month

Weekly Occasions

June 6-13	Family Council Week
June 7-13	Canadian Environment Week
June 8-14	Rivers to Oceans Week
June 8-14	Loneliness Awareness Week
June 14-20	National Blood Donor Week
June 15-21	Men's Health Week



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Intergenerational Day

A day to raise awareness of the many benefits that simple and respectful connections between generations bring to education, health and communities.

1

Global Day of Parents

A day to recognize that the family has the primary responsibility for the nurturing and protection of children.

2

International Sex Workers' Day

A day to raise awareness of injustice and discrimination sex workers face around the world.

3

Clean Air Day

A day to recognize the importance of good air quality to our health, environment, and the economy, and to become aware of the dangers of air pollution.

3-4

Eid Al-Ghadir

A period when Shia Muslims celebrate Eid al-Ghadir to commemorate the divine appointment of Ali ibn Abi Talib (A.S.) as the Prophet's (PBUH) successor and first infallible Imam. *Date is estimated.*

4

Corpus Christi

A day when many Christians in Canada, especially those of the Roman Catholic faith, honour the presence of Jesus in the Holy Eucharist with a special feast and religious celebrations.

5

World Environment Day

A day to raise global awareness and take action to protect our environment, which involves engaging governments, businesses, celebrities and citizens to focus their efforts on a pressing environmental issue.

6

National Health and Fitness Day

A day to encourage Canadians to get out and get active in any way they wish, and to challenge Canada to become the Fittest Nation on Earth.

7

National Cancer Survivors Day

A day to honour everyone living with a cancer diagnosis and to highlight that life after a cancer diagnosis is possible.



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10

Portugal Day

A day to recognize the anniversary of the death of Luis de Camoes, and commemorate his life and his famous epic poems.

10

Action Anxiety Day

A day to raise awareness of anxiety disorders, when Canadians wear blue and orange to show support and eliminate the stigma around anxiety disorders.

10-11

Eid Mubahalal

A period when Shia Muslims commemorate the historic event of Mubahala, where a miracle took place between the Muslims and Christians of Arabia. It is celebrated on 24th Dhul Hijja as a key point in Islamic History. ***Date is estimated.***

12

Word Day Against Child Labour

A day to focus attention on the global extent of child labour and the action and efforts needed to eliminate it.

12

Philippines Independence Day

A day to commemorate the freedom of the Philippines and its people. On this day in 1898, Filipino leader Emilio Aguinaldo declared independence from Spain after more than 300 years of rule.

13

National Long-term Care Day

A day to raise awareness of the importance of long-term care, and recognize the contributions of caregivers and staff in providing essential services to individuals who require ongoing assistance with daily activities due to aging, illness, or disability.

13

International Albinism Awareness Day

A day to raise awareness of the human rights of people with albinism, promote understanding of the condition, and advocate for safety, dignity, and inclusion worldwide.

14

World Blood Donor Day

A day to thank blood donors around the world for their lifesaving donations, including more than 400,000 Canadian donors who help to save lives each year.

15

World Elder Abuse Awareness Day

A day to raise awareness of elder abuse and neglect, and promote the rights of older adults to live with dignity, security, and respect. It is an official United Nations International Day acknowledging elder abuse as a significant public health and human rights issue.



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15

Ashura/Martyrdom: Imam Hussain (AS)

A day when Shia Muslims commemorate the anniversary of the martyrdom of the third infallible Imam, Imam Hussain (A.S.) on the 10th of Muharram (Ashura) in Karbala, marking a pivotal moment in Shia Islam.

15

Sham-e-Ghariban

A day when Shia Muslims mark the night following Ashura, remembering the grief and solitude of Imam Hussain's (AS) family after the Battle of Karbala.

16-17

Muharram/Islamic New Year

A day when many Muslims in Canada and around the world observe the start of the Islamic New Year on the first day of Muharram. It begins in the evening of the first day and ends in the evening of the second day. *Date is estimated.*

17

CDKL5 Awareness Day

A day to raise awareness of CDKL5 Deficiency Disorder, which is a rare genetic mutation that prevents the body from making essential proteins needed for brain development.

18

Autistic Pride Day

A day to recognize and celebrate the unique identities, experiences, and contributions of autistic individuals worldwide.

18

International Day of Countering Hate Speech

A day to raise awareness of the harmful effects of hate speech, promote tolerance and understanding, and encourage efforts to combat hate speech worldwide. It is recognized by the United Nations to support global peace and human rights.

18

World Kidney Cancer Day

A day to raise awareness of kidney cancer, the psychological impacts of diagnosis, and strategies to reduce risk factors.

19

Dano

A traditional Korean celebration held on the 5th day of the 5th lunar month to welcome summer and ensure health, protection, and good harvests.

19

Plaid for Dad

A day to raise awareness of prostate cancer, where Canadians wear plaid to support fundraising for research that helps improve and save the lives of people affected by the disease.



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19

Tuen Ng Festival/Duanwu (Dragon Boat Festival)

A day when Chinese communities around the world honour the ancient poet Qu Yuan with dragon boat races, celebrate traditional Chinese culture, and eat zongzi (sticky rice dumplings). It has been celebrated for millennia on the fifth day of the fifth month of the Chinese lunar calendar.

19

United Empire Loyalists' Day

A day when the people of Ontario recognize and celebrate their heritage of loyalty to the Crown.

19

World Sickle Cell Day

A day to raise awareness and help reduce the stigma and discrimination experienced by families with children, youth, and adults living with Sickle Cell Disease.

19

Juneteenth

A day to commemorate the ending of slavery in the United States, recognizing June 19, 1865 as the day enslaved African Americans in Texas were finally informed of their freedom. Today, it honours African American freedom and emphasizes education and achievement.

20

World Refugee Day

A day to honour refugees worldwide, raise awareness of their situation, and celebrate the strength and courage of people who have been forced to flee their home country.

20

Martyrdom: Imam Hasan Askari (AS)

A day when Shia Muslims commemorate the anniversary of the martyrdom of the thirteenth Imam Hasan Askari (A.S.) on 8th Rabii Awwal, 260 Hijri. He was known for his devotion to prayers during his years of arrest and eloquence.

21

Eid-e-Zehra (SA)

A day when Shia Muslims mark the end of the mourning period and the start of the Imamate and leadership of the 12th and living Imam Mahdi Ibn Hasan al-Askari (AJTF).

21

Father's Day

A day for people to show their appreciation for fathers and father figures, which may include stepfathers, fathers-in-law, guardians (e.g. foster parents), and family friends.

21

June Solstice

A day when the Sun reaches its highest point, marking the longest day in the Northern Hemisphere (summer Solstice) and the shortest day in the Southern Hemisphere (winter solstice).



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21

National Indigenous Peoples Day

A day to celebrate the unique heritage, diverse cultures, and outstanding achievements of Indigenous Peoples in Canada.

24

Fête nationale du Québec

A day when people in Québec celebrate their culture, history, and identity. It is held annually on the feast day of St. John the Baptist, a Jewish preacher who baptized Jesus in the River Jordan.

24-25

Milad un Nabi (Mawlid)/ Mawlid al-Nabi

A day in which many Muslims in Canada celebrate the Prophet Muhammad's birth and life or mourn his death on Eid Milad ul-Nabi.

26

International Day Against Drug Abuse and Illicit Trafficking

A day to raise awareness of the dangers of drug abuse, and promote action and cooperation to achieve the goal of an international society free of drug abuse.

26

National Cancer Wellness Awareness Day

A day to promote more accessible Cancer Wellness Programs for Canadians and improve all the challenges that come with a cancer diagnosis.

27

Wiladat: Prophet Mohammad Mustafa (SAWW) /Wiladat: Imam Jaafar Sadiq (AS)

A day Shia Muslims celebrate the birthdays of Prophet Muhammad (PBUH) and Imam Jaafar al-Sadiq (A.S.) who is the sixth infallible Imam.

27

Canadian Multiculturalism Day

A day to honour and celebrate the many cultural communities that help build a strong and vibrant Canadian society. It encourages Canadians to reaffirm commitments to equity, inclusion, and mutual respect.

27

PTSD Awareness Day

A day to raise awareness about post traumatic stress disorder (PTSD), which is a type of anxiety disorder that can appear following a traumatic event in one's life.

27-
July 9

Moharram: Shia Mourning Period

A period when Shia Muslims mourn and reflect on the life and death of Imam Hussain (A.S.) and his companions in Karbala. It occurs during the first 13 nights of Muharram. *Date is estimated.*

