

# JULY 2026

## Monthly Occasions

**Tibetan Heritage Month**

## Weekly Occasions

July 14-21 National Drowning Prevention Week

## Resource Spotlight

### **Cultural Humility in Action: Nurturing Inclusion in Long-Term Care Video and Companion Resources**

This video provides an introduction to cultural humility as an approach that fosters inclusion and belonging. This video provides examples of actions and practices that support an inclusive environment in long-term care homes. It shares real-life examples of practices and actions that support culture and identity in a culturally humble way, emphasizing the positive impact on residents, caregivers, team members, and students.

The video is accompanied by a Facilitator Discussion Guide and a companion handout, to support conversations among teams on how to incorporate these principles into practice.

View the *Cultural Humility in Action: Nurturing Inclusion in LTC* video and companion resources at:

[clri-ltc.ca/resource/cultural-humility-video](http://clri-ltc.ca/resource/cultural-humility-video)



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## Canada Day

A day when Canadians mark the anniversary of Canada becoming a self-governing dominion and federation in 1867.

1

## Chinese People's Railroad Day

A day to honour the contributions and sacrifices of over 17,000 Chinese workers who faced dangerous conditions, discrimination, and high mortality rates while building the Canadian Pacific Railway.

3

## Wiladat: Imam Ali al-Hadi (AS)

A day when Shia Muslims celebrate the birthday of the tenth infallible Imam Ali Al-Hadi (A.S.), also known as Imam Ali un-Naqi (A.S.), on 15th Dhu al-Hijjah or 2nd Rajab according to a different narration in the year 212 Hijri in Madinah. *Date is estimated.*

5

## National Injury Prevention Day

A day to raise awareness of the impact of predictable and preventable injuries, and promote safety measures to reduce risk.

9

## Nunavut Day

A day when Nunavummiut and Canadians celebrate the creation of Nunavut in 1999 and the recognition of Inuit self-governance.

10

## Martyrdom of the Báb

A day when Bahá'ís commemorate the execution of the Báb in 1850, honouring his sacrifice and teachings. *Date is estimated.*

10

## Martyrdom: Imam Zain-ul-Abideen (AS)

A day when Shia Muslims commemorate the martyrdom of Imam Ali ibn al-Hussain (AS), the fourth Imam and survivor of Ashura. *Date is estimated.*

11

## World Population Day

A day to raise awareness about global population issues and their impact on development, health, and sustainability.

11

## Imamat Day

A day when Ismaili Muslims celebrate the Imamat of His Highness Prince Karim Aga Khan IV as their 49th hereditary Imam.



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## **International Non-Binary People's Day**

A day to recognize and celebrate the diversity, experiences, and contributions of non-binary people worldwide.

15

## **World Youth Skills Day**

A day to raise awareness of the importance of equipping young people with skills for work, entrepreneurship, and lifelong opportunities.

15

## **Glioblastoma Awareness Day**

A day to honour people affected by glioblastoma, and raise awareness about the need for research, treatment, and support.

16

## **Martyrdom of Imam Hasan Ibn Ali (A.S)**

A period when Shia Muslims commemorate the martyrdom of Imam Hassan ibn Ali (AS), the second Imam and grandson of Prophet Mohammed (PBUH). *Date is estimated.*

18

## **Nelson Mandela International Day/Mandela Day**

A day to honour Nelson Mandela's legacy by promoting peace, freedom, and social justice, and encouraging people to make a positive difference in their communities by helping others.

18

## **Parks Day**

A day to celebrate the role of parks in supporting ecosystems, promoting human well-being, and providing spaces for recreation and community connection.

19

## **Martyrdom: Imam Ali Ridha (AS)**

A day when Shia Muslims commemorate the martyrdom of Imam Ali ibn Musa al-Ridha (AS), the eighth Imam, known for his humility and modesty. *Date is estimated.*

21

## **Uterine Fibroid Awareness Day**

A day to raise awareness of uterine fibroids, promote understanding of their symptoms and treatment options, and support women's health.

21-22

## **Wiladat: Imam Musa Kazim (AS)**

A period when Shia Muslims celebrate the birth of Imam Musa al-Kadhim (AS), the seventh Imam, known for his forbearance and knowledge. *Date is estimated.*

24

## **International Self-Care Day**

A day to promote healthy self-care practices and raise awareness of their importance for physical, mental, and emotional well-being.



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25

## Arba'in / Arba'een

A period when Shia Muslims commemorate forty days after Ashura, mourning Imam Hussain ibn Ali (AS) and the sacrifice at Karbala. *Date is estimated.*

28

## World Hepatitis Day

A day to raise awareness of hepatitis and encourage global action to improve prevention, testing, and treatment.

28

## Martyrdom of Bibi Sukaina

A period between the 3rd and 13th of Safar when Shia Muslims commemorate the martyrdom of Lady Sakina (SA), the young daughter of Imam Hussain (AS) who died in a Damascus prison after Karbala. *Date is estimated.*

28

## Day of Commemoration of the Great Upheaval

A day for Canadians to remember the 18th-century expulsion of the Acadians and the hardships they endured in exile, and to highlight their resilience and perseverance, which ensured the survival of Acadian culture and heritage.

28-29

## Tu B'Av

A day when Jewish people celebrate love, joy, and new beginnings. It begins at sundown and ends at nightfall the following day.

29

## Asalha Puja (Dharma Day)

A day when Buddhists commemorate the Buddha's first sermon, the founding of the Sangha, and the teaching of the Four Noble Truths.

30

## World Day Against Trafficking in Persons

A day to raise awareness of the dangers of human trafficking, and promote efforts to protect and support people who are trafficked.

30

## International Day of Friendship

A day to celebrate friendship between peoples, countries, cultures, and individuals, inspiring peace efforts and building bridges between communities.

